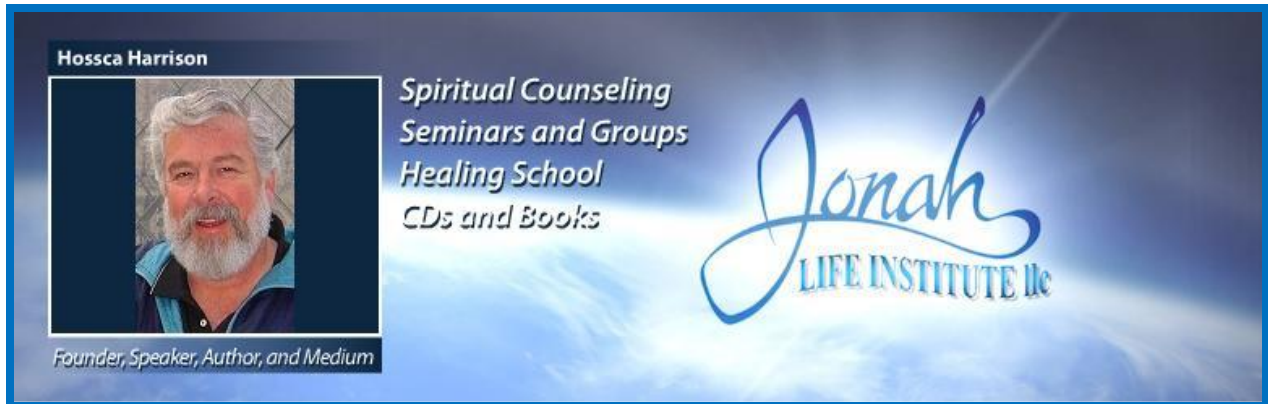


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November 1, 2010

Newsletter Announcements

COMING SOON

“Discovering an Adventure Called Life”

by
Hossca Harrison

I have carried many labels in this life, medium, healer, founder of Jonah Life Institute, Life Energy Flow Tai Yi School of Healing, and Universal Education Foundation. I see them simply as labels, not who I am. I was asked the question once by a reporter, “With all these labels how do you, as Hossca see Hossca?”

My reply, “I see myself as a philosopher of life. Philosophy is my love, my passion. I could stand in front of an audience and speak philosophy for 12 hours without notes and then continue for days.”

I remember back almost 30 years ago the events surrounding a boy dying in the hospital (as written in Tide of Change). I had just started remembering and Kitesa had just started speaking through me, when I was asked to speak to the parents of this dying boy. I sat down and began speaking for 45 minutes on the

philosophy of life to these parents. The psychologist, who had been working with me and learning from Kitesa, sat with his eyes getting ever bigger. Afterwards, he asked me where I learned all of this. The only answer I could give him was, "It came with the package."

Not knowing what I was saying at the time has shown to be accurate. The philosophy I teach comes from a combination of experiences from different life times, including this life time with the Chinese Master and Jonah. I feel philosophy that awakens the mind and heart should be presenting questions, in order for ones to discover their own answer from within. It has been said each carries the answers within themselves. The difficulty is finding the appropriate questions to ask, in order to discover those answers.

Starting soon I will begin a blog. I will write using this philosophy to address critical subject matters occurring in our world today and affecting each on a personal level. Its purpose is not simply to give answers, but rather present questions for each to search their own answers. The name of the blog will be "Discovering an Adventure Called Life." With the help from Matt Spaeth and Joseph Armeanio who are making this blog possible, I will have the opportunity to express my passion and perhaps assist ones in discovering their inner knowingness. This blog will be available to all on the Jonah Life Institute mailing list and will also be available through Facebook. When this is launched I will send out a separate announcement to our worldwide mailing list.

I tried to put the following on Facebook, but it was too long. I put it into different boxes but the message became scattered so I removed it. My message is below.

Over the years Jonah has increasingly become stronger (CD Messages, Intensives) about people becoming more pro active and not be passive about the world they live in. In reading some of the comments on Facebook, the many letters and e-mails I have received, people are becoming more aware and doing something about it. This has brought me much joy in seeing this, but we still live in a very primitive and paranoid society. I want to share a very sad event that occurred which has been in the national news, especially for my readership in Arkansas where this event occurred. The vice president of a school board made the following statement on Facebook. This statement was made in response to a Facebook campaign, asking supporters to wear purple to show solidarity after several gay and lesbian youths killed themselves because of bullying. The school board member Clint McCance stated, *"Seriously, they want me to wear purple because five queers killed themselves. The only way I'm wearing it for them is if they all commit suicide. I can't believe the people of this world have gotten this stupid. We are honoring the fact that they sinned and killed themselves because of their sin."*

Hopefully there are ones at this school district who can assist some of these teenagers who might now attempt to commit suicide. The enlightened, those seeking enlightenment, those searching enlightenment, must be the ones who bring peace to this world. The Clint McCance primitive and paranoid belief systems will only keep ones in denial of knowing God...Hosca

A LIMITED NUMBER OF PERSONAL JONAH SESSIONS WILL BE AVAILABLE IN 2011

Starting in January of 2011 Hossca will begin doing personal sessions with Jonah. There will be a limited number of sessions available. If you are interested in scheduling a personal session with Jonah for 2011, please e-mail Hossca@aol.com and request the "Personal Session Information Packet." We will e-mail you as a download in PDF format all information needed to schedule a personal session. Please do not call to schedule a session. All scheduled sessions with Jonah will be done through e-mail.

GROWING UP WITH A MEDIUM

As many of you may already know Tami Urbanek, my daughter has an internet radio show Empowerment Through Healing on Wednesday afternoons. On December 22 I with my granddaughter Bethany Snow will join Tami on her show. This show is titled "Growing up with a Medium." Tami, Bethany, and myself will share experiences of what it is like living with a medium.

Life Energy Flow Tai Yi
School of Healing

Jonah stated in the last Intensive, "Support those who support healing, support those who create healthy food, support those who bring awareness. Support those who seek to bring a

**change to the societies of the Great
Passiveness.”**

**Is it time to create mental and emotional clarity,
time to heal a stubborn issue? Check out our
list of Certified Practitioners and their location,
under Students on our new Tai Yi web site. Our
Tai Yi site was updated on October 27, 2010, with
more practitioners.**

Make certain you clear your cache in order to view the updated Tai Yi web site.

www.lifeenergyflowtaiyi.com

**If you desire to be on a the student wait list for Life Energy Flow Tai Yi
School of Healing, request “Application for Tai Yi School” at
Hossca@aol.com**

Jonah's Newest Message

“THE GREAT PASSIVENESS”

**Jonah speaks about America, Mexico, Canada, and Europe, why have they
adopted passiveness versus active awareness? What is being done behind your
back and by whom? When and how will you come face to face with it? Have you
allowed someone or something to become the master of your destiny? Jonah
speaks about taking action not just to create change, but to bring self awareness.
Are you on your journey away from home or towards home?**

**To order online go to Front Page or Products Page at
www.Jonahlifeinstitute.com**

Jonah Question and Answer

Dear Jonah; When you sent energy into us at the Intensive "State of the World", all Tai Yi students also had energy sent across the upper back. What meaning does this have for us and thank you so much for all? Sharon Farrell, Fraser, Colorado

Well for goodness sakes; indeed, we sent a different energy into those who are students of Tai Yi. This energy is to assist those seeking to master their healing ability. We connected the heart energy unto that of Tai Yi to assist in a deeper level to see and feel energy. Some we placed this energy on the back, some above the back. This energy is to be allowed. It is not forced and it is a tool to open your abilities on a deeper level...Jonah

Dear Coach,

It feels like consciousness is the missing link in the Unified Field Theory. Could it be that consciousness can be quantized in relation to the variable of time? I know that awareness of moments comes in units of time, which are like quantized bits of intent, which somehow constellate a physical reality out of the so-called string frenzied dance of possibility. But is this quantum of consciousness really linked to time, or am I just "whistling from my navel?" I don't get "Big Bang" in an eternal universe, and can't figure why there is such resistance to information traveling faster than the Speed of Light. Have you any guidance here? Your always grateful student, Michael Bohoskey, Durango, Colorado

Well for goodness sakes, Coach? What is this? Ye ask about that called Unified Field Theory, the seeking of uniting Relativity with Quantum Mechanics using 4 dimensions. That ye call geometry is now more advanced than the geometry used at this current time. Part of the problem of understanding this is the limitation of 4 dimension mathematics, we find this elementary mathematics. Ye would begin to understand using 8 dimension mathematics. That yet to be discovered is what we would call fluid mathematics, not to be confused with measuring the movement of water or air. It is true that space-time can be distorted in many different ways than simple curvature. Some of your scientists state that Electromagnetism is spinning space-time. Ye ask is this quantum of consciousness really linked to time. The answer is yes and no. There are states of consciousness of which time does not exist. But to the greater degree time does exist. Understand my friend, consciousness regulates time, time does not regulate consciousness. Those who live in the 3rd dimensional consciousness do experience the element of time. Those of higher or lower realms of consciousness but still within the 3rd dimension, will have little difference in

measuring time, although, it can be measured between different levels of consciousness. As we teach there are 12 realms of consciousness in the 3rd dimension. Each of the 12 will have a different experience of time, but the difference in time would be called Planck time. For goodness sakes! The questions to ponder are how to reach the 12th body, as we spoke in that called Intensive. When one can reach the 12th body and maintain consciousness of memory, they can reach the state of consciousness of which time does not exist. Indeed, it might even be called the God essence. This within itself is an answer that would fill books. The key to unlocking these books is philosophic. The speed of light? Well again as we have stated many times, those who live beyond earth well know that the speed of light is one of the slowest speeds in the universe. Now ye ask, are ye whistling from your navel? Indeed, one must heal their spiritual digestive issues to fully understand that which we have spoken. But indeed, this can occur in Planck time...Jonah

Dear Jonah what did the Chinese Master mean when he told Hossca that overlapping healing can cause greater pain? Isn't all healing in a person connected, thus overlapping? How do we prevent overlapping?
Anna Frances, Denver, Colorado
PS thank you for all of your love, guidance and teachings.

Well for goodness sakes beloved, a principle taught from ancient times and also by the Hossca to his students of Tai Yi. Overlapping healing can and does cause pain, pain that may not surface for many of your years. To paint ye a simplistic picture; if ye broke your leg as to what ye call a compound fracture. Would ye take the skin and stretch to close it and sew it back together, or would ye reset the bone first? How many have deep traumas from childhood, they go into therapy and seek to heal the effects of the trauma. One could state, if they are healing the effect are they not healing all? The answer is no, they are not. One must heal the cause and this healing allows for healing the effects. One can work at healing for many years and not heal. One must learn the order of healing. Another example is one who has created cancer or some other form of illness. One must work at the cause to allow the healing of the disease. This does not mean one must totally complete healing the cause, before working on the disease. Many will work at healing a disease only to find it returning again. This is because the cause was not worked with. When the first order of illness is felt that is the illness to work with. Carrying a trauma is a form of illness that leads to many side effects. Work on the side effect first ye may indeed bury the cause even deeper, causing more pain and more disease. We do find the Hossca will be writing more about this in his book he is writing, about his journey with his healing teacher of China...Jonah

Questions for future Newsletters

Dear Jonah, I attended a talk about the Mayan Civilization where speaker described the earth's vibration in cycles of waves. He equated this to building waves (vibration) up like a pyramid. Are we entering the 9th and final wave like the top of a pyramid? If so, will this wave be completed before 2012 or are there other waves to follow. Is the wave energy one of unity of consciousness where people will choose to be in duality or oneness?

Also, is the wave energy earth is experiencing be emitted from what is called the Tree of Life in the middle of the Galaxy and or from the center of the earth or neither?
Thank you, Joann Stender, Seattle, Washington

Dear Jonah, how and why would one cord another? How can the creator bring such a situation into full consciousness, heal it in totality and release karma? Also, I would like to ask if one can cord another part of his/her own self. If this is so, how can one realize it, understand why s/he did it and heal it? Thank you for your love and assistance. With gratitude, Aphrodite Tsalgatidou, Athens, Greece

Dear Jonah, Please help me understand what it means to be proactive. How does one be "in" the 3rd Dimension but not "of" it? In other words, how does one feel the full import of the growing despair, hopelessness and anger of those in the Gulf whose lives and livelihoods are being systematically shattered by this intentional Hemorrhaging of the Earth's blood, and find constructive focus for action? The new age solution is to find some global Internet "pray the universe into collective healing" effort. But you said yourself that healing is not a group sport. Enlightenment comes one soul at a time, and requires unique responses to mass illusions. But what does one do, aside from giving up ones job to go to the gulf and scoop scum out of the ocean with one's own hands, or push for some global boycotting of BP products, or just stand on a rooftop and scream foul play? The agony knows "what" to do. How to be positively engaged knowing what we know, without being overwhelmed by feelings or numbed in trying to rid oneself of them. Michael Bohoskey, Durango, Colorado

Dear Jonah... in the July Q&A you mentioned that the mind seeks to enlarge upon a trauma to justify the pain of abuse. Why do we do this? How do we do this? How can we tell if we have enlarged the trauma of any abuse we've experienced? Your support is most precious! Anna Frances, Littleton, Colorado

Good day Jonah... what happens to our beloved pets when they leave their physical bodies? Where do they go and what happens to their souls? Thank you. Anna Frances, Littleton, Colorado

Jonah, It seems the more your message is heard the more ones try to repackage the information you give and pretend it is their own. How does one stay in Integrity while sharing your teachings?...Joseph Armeanio, Divide, Colorado

Dear Jonah

1. What is the difference between the Americans and the Greeks if there is one? In other words if both peoples have placed their power outside of themselves then what exactly symbolizes that external power for each people?
2. If both peoples gave up their power, did the Americans influence the Greeks down that road or did the Greeks influence the Americans? Thank you, Corr Savopoulos, Boulder, Colorado.

Dear Jonah,

Is the low rumbling and booming we have been hearing related to the release of methane gasses in the global sea floor and land masses?
Is this creating a global warming positive feedback loop, further accelerating the process?

By California, is the sea floor preparing to release rather suddenly and in a very noticeable way? It feels like a release of stagnation, as well as a huge relief to the sea creatures, - and that the ocean is preparing now for a sudden expansion.

There really isn't anything in the news about this phenomenon. Are scientists choosing to ignore it or is our perception of what is occurring inaccurate?

Thank you so much!!...Jackie Lloyd, Ramona, California

Dear Jonah, You asked me what anti-matter was. This came to me today. Anti-matter is like the dark side of the moon. It is like the Unconscious mind is to the conscious mind. It is like the 95% of the Universe that we don't see from the 3rd dimension in relation to the 5% of matter we do detect. Perhaps anti-matter acts similarly to the so called archetypes of the unconscious, providing the symbolic, universal principles that enrich reality as we know it. Anti in the English language usually denotes opposition, but this is a misnomer. The opposition is implied by our mere ignorance of what energy is and how it works. Am I on track here? Thank you for your confidence in my ability to understand. Michael Bohoskey, Durango, Colorado

Dear Jonah, thank you very much for all your help and mostly for filling up our souls with so much hope.

My question is: how can one avoid being emotionally dependent from its partner (mate)? Means, our mood changing according to his/her actions...instantly
Is it fear of rejection? Is it pure selfishness? Georgia Tseverenidi, Greece

"Dear Jonah, would you please explain to me what anger means? What does it mean on a feeling level not to be angry anymore? When angry people take their anger out on me, how would I feel and respond had I healed my anger?" Thank you! Cornelius Savopoulos, Boulder, Colorado

Good day, my beloved teacher,

1. In the intensive, you mentioned those who carry scars from religious indoctrination. If one has worked and healed their religious beliefs, will there still be scars? If so, how does one release the scars or will they remain as reminders to not return to the old patterns?

2. In the coming war you spoke of, I understand it is very important to maintain a realm of consciousness higher than that of the war. For those who are parents or siblings of those who will be drafted into the military and be in harm's way, do you have any recommendations on how not to empower fear and thereby lower our consciousness?

3. As we remember and live that 4th dimensional consciousness here in the 3rd dimension, how will we transition to the 4th dimension? Will not the ultimate test of our animalistic nature of survival be experiencing our own physical death without fear? Will we then incarnate into the 4th?

My deepest love and gratitude to you, Jonah, and to Hossca for keeping your commitment to come back and assist us to go home...Jeannie Smith, Castle Rock, Colorado

Jonah, what if any part of my hypothesis of the fall of humanity is accurate: When humans fell from the fourth dimension, it was as it is now ... a grand awakening, a shift and a thinning of dimensional walls. Because of the dramatic changes, the fear, and the enormous responsibility of making the choice to either ascend or descend into another level of consciousness ... humans looked for something or someone to tell them what to do. They looked for a savior, a messiah to tell them what to do. Predictably, a "light-bearer", Lucifer, obliged them, accepted the power they had relinquished, and promised salvation or survival to those that were obedient. Lucifer led some of humanity into the third dimension, a dimension where ones became trapped in the polarities of obedience and rebellion of external rules ... as opposed to the freedom and integrity of the fourth dimension where ones embrace their own uniqueness and creativity...Jaclyn Miller, Woodland Park, Colorado

Jonah, Many people are being diagnosed with Lupus, an auto-immune disorder. The western medical community states they do not know a cause, but can only identify some triggers that activated Lupus. Is it difficult to find a cause because there are different causes as to why the body would attack itself? Is it individual based on the persons mental and emotional patterns? Will healers, of different modalities, see an increase in people who seek assistance with Lupus symptoms? How can Tai Yi benefit

Lupus?

Tami Urbanek, Monument, Colorado

QUESTIONS

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

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