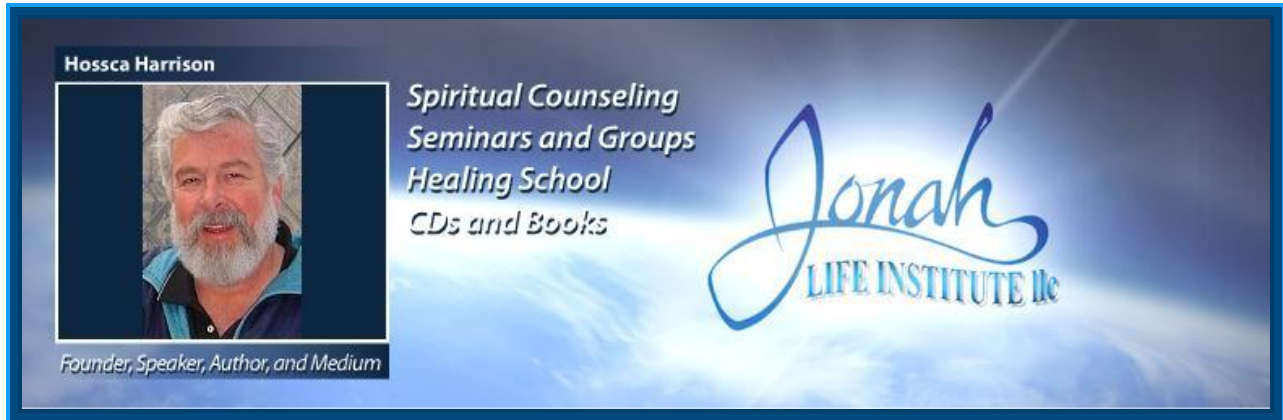


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October 1, 2010

Newsletter

Life Energy Flow Tai Yi
School of Healing

www.lifeenergyflowtaiyi.com

When you receive this newsletter, our new web site Life Energy Flow Tai Yi School of Healing should be up and on line. My primary student Joseph Armeanio, has spent months creating this new web site (his first) to bring the fullness of information on Tai Yi. It is a beautiful site with wonderful Chinese music playing in the background. When you see it, you will know how proud I am of Joseph. He had no prior experience in creating web sites, but he had a powerful commitment to learn. Go to the web site and see for yourself. This site will continue to be updated with new information and new articles by myself and Joseph.

If you choose to experience Tai Yi, be sure to visit this web site and read what to expect. If you are one wanting to be on a wait list for the school, then this web site is a must to visit.

If you are searching for a Tai Yi practitioner who is certified to practice Tai Yi, then this web site is a must. We list all Students of Advanced Tai Yi Studies, who chose to be listed on this site with their contact information and link to their website, if they have one.

Find out why Life Energy Flow Tai Yi is the most powerful hands on healing modality available. What 3 steps must be met for this to occur? Read the testimonials under the different Tai Yi practitioners.

I have included 9 short articles on my experiences with my Chinese Teacher.

Share this web site with your friends, there is no cost and no obligation.

Jonah and Hossca Announcement

Jonah has requested and I have agreed to resume personal sessions with Jonah, starting in January. Please do not call or e-mail about this announcement at this time. We will be sending out an announcement in November with all the details, such as length of session, cost, how many sessions per person per year etc. Within the November announcement will be information on how to book a private session with Jonah.

All prior sessions that may have been scheduled are permanently canceled. We will be starting a new schedule with Personal Jonah Sessions. Please do not assume your prior scheduled session is still active, it is not.

This last year has given me time to work on my two books, "Walking with a Master" my journey with the Chinese Master, and "Essene

Odyssey” a journal about my life time during the Essenes as Jonah’s son. I have been working on one and then the other. It seems the “Walking with a Master” will be finished before the “Essene Odyssey.” I hope to have both books completed during 2011.

It was wonderful seeing so many of you, and many new faces at the Intensive. Your love and support is deeply felt.

To my Tai Yi students, work for the reality you want and deserve by claiming responsibility for your power. Know how powerful you really are. I am proud of my Tai Yi students who attended. Jonah’s message will assist you on levels you have not yet discovered on your path to mastering Tai Yi.

Jonah’s Newest Messages

“THE COMING DAWN”

The dawn is coming. In this message Jonah talks about the 4th dimension, describes its magnificent splendor and why it has never changed. What do ones need to look at in the 3rd dimension? Jonah speaks that the 3rd dimension at this point in time is a dimension of trickery; a time of deception and a time that will come to be called “The Great Passiveness.”

To order online go to Front Page or Products Page at
www.Jonahlifeinstitute.com

Jonah Question and Answer

Jonah, in the Nature of the Beast CD you talk about positive viruses that might counteract the negative viruses. Will you please elaborate on how this works especially for cancer patients? Thank you so much! Sue Goodin, Denver, Colorado

Beloved, many of your years ago we stated cancer is caused by viruses. Since that time some cancers have been discovered to be caused by viruses. In time, many other cancers will come to be known as being caused by viruses. Indeed, there are positive viruses that counteract the negative viruses. This is called the cycle of nature. In the past in nature where a poisonous plant existed, an antidote also existed a short distance away. We state in past. This is rapidly changing as your plants and soils are being fed toxins. Where negative viruses exist, positive viruses also exist unless a cleansing needs to occur. This is also a cycle of nature or expression of gates. Most of the positive viruses are destroyed by the chemical foods ye eat, chemicals injected into your body, or the chemical waters ye drink. When the viruses are in balance and there is not a need for cleansing then yes, the positive viruses will cause the negative viruses to become neutral, thereby eliminating the effects of the negative viruses. We stated earlier, unless a cleansing needs to occur or expression of gates. In your past history before conscious awareness of viruses, viruses caused many humans to die and also occurred within the animal kingdom, to bring about a balance. Humans have interfered with this cleansing process. This is bringing about an extensive global cleansing. The earth has many meridians just as do plants, animals, and humans. Each set of meridians has gates to open and close the meridians to create balance. Indeed, we find this has been taught by the Hossca to his students. The same occurs with the earth; indeed this is what will cause the extensive cleansing which will bring about a balance in viruses...Jonah

Jonah, is the DNA the Soul chooses the same for a Medium and a Channel? Can you explain the progression of the artistic portrayal of the Soul from half animal/half human to the true reflection of the Soul today? Thank you, Chris Donovan, Littleton, Colorado

Beloved, there are many different DNA strands that create subtle and not so subtle differences in the human body. These differences allow for the expression of different abilities. The use of the word medium is an example. One can see and converse with what ye call the non-physical at will. This is a version of a medium, and is one who carries the DNA strand to allow this ability. Then there is a direct medium. This is where the soul of another enters the body of one in the physical. There is no conscious awareness of what is being spoken. The brain,

heart, blood flow, and digestion all change, and these changes can be observed under what ye call medical observation. The human body must have the DNA strand to allow for this to occur. The soul whose human body is being used has given permission before birth. This is not an afterthought. There is a deep close bond between the one speaking through the human form and the one who lives in the human form. Because of the close bond, the one speaking through the human form only speaks through that human form, no other. This allows for the message to remain pure. The human body has created as an energy sleeve for the one speaking to enter unto, to bypass the mind, conscious or subconscious, and all belief systems that may be carried in the human body. This sleeve also protects the body from the many changes the body goes through because of this process. If an entity claims to speak through others as well, then this is not a medium, but rather a channel. Many are channels, for indeed they channel information from other parts of themselves, or they channel universal energy, or in some cases they channel another personality from a past or future life time. Indeed, they may also channel an entity. If this occurs, then the entity sends energy messages to the channel's mind and the channel passes the messages onto the one listening. The word channel is a more modern word meaning, carrying energy from one point to another point. Those who are learning Tai Yi are taught to channel universal energy. Indeed, many can channel. The accuracy of the channel is directly dependent upon the focus of the channel. It is not a matter of one is greater than another. It is a matter of soul choice before birth. As we stated earlier, the different DNA strands allow for the expression of different abilities. This is why we state it is of great import to follow one's own unique pathway, never attempt to follow another person's pathway. Never attempt to copy from another, for in doing so it inhibits the expression of one's own unique DNA strand which turns to pain, depression, and further lack of focus.

That ye call artistic portrayal, of the soul from half human/half animal, for goodness sakes. Indeed, it is first to understand the messages being portrayed from ancient times, including the ancient cave drawings to more artistic portrayal from many religious artists. Listen to our message "Nature of the Beast". A wonderful question indeed, that would require a book to fully answer. In part this reflects the fall of human into the third dimension, into the animalistic nature of the third dimension. We state in part, some souls would also take on a half animal/half human form as humans fell into the animalistic nature. Artists would follow the evolution of thought through many different religious beliefs, formed by whatever god was in dominance at the time. Indeed, look at the artist portrayal of angels and how it progressed through dominance of religion to include wings. Indeed, look at the portrayal of the one ye call Jesus and how his image has changed based on the religious dominance at the time. Art does carry some messages, but the art that remains in this age is art accepted by religious dominance. Much art has been destroyed because it did not carry the acceptance from religion, did not agree with religious doctrine. For one to see the fullness of the soul, one must be able to see the entire soul essence, all 12 bodies. We have brought this teaching into your time to be intergraded in mind, body and spirit.

We do find in a future time frame, there shall come a wonderful artist who shall paint the fullness of the soul using information from us as to the integration of all 12 bodies, indeed the soul becoming as one with God...Jonah

Questions for future Newsletters

Dear Coach,

It feels like consciousness is the missing link in the Unified Field Theory. Could it be that consciousness can be quantized in relation to the variable of time? I know that awareness of moments comes in units of time, which are like quantized bits of intent, which somehow constellate a physical reality out of the so-called string frenzied dance of possibility. But is this quantum of consciousness really linked to time, or am I just "whistling from my navel?" I don't get "Big Bang" in an eternal universe, and can't figure why there is such resistance to information traveling faster than the Speed of Light. Have you any guidance here? Your always grateful student, Michael Bohoskey, Durango, Colorado

Dear Jonah what did the Chinese Master mean when he told Hossca that overlapping healing can cause greater pain? Isn't all healing in a person connected, thus overlapping? How do we prevent overlapping?

Anna Frances, Denver, Colorado

PS thank you for all of your love, guidance and teachings.

Dear Jonah, I attended a talk about the Mayan Civilization where speaker described the earth's vibration in cycles of waves. He equated this to building waves (vibration) up like a pyramid. Are we entering the 9th and final wave like the top of a pyramid? If so, will this wave be completed before 2012 or are there other waves to follow. Is the wave energy one of unity of consciousness where people will choose to be in duality or oneness?

Also, is the wave energy earth is experiencing be emitted from what is called the Tree of Life in the middle of the Galaxy and or from the center of the earth or neither?

Thank you, Joann Stender, Seattle, Washington

Dear Jonah, how and why would one cord another? How can the creator bring such a situation into full consciousness, heal it in totality and release karma? Also, I would like to ask if one can cord another part of his/her own self. If this is so, how can one realize it, understand why s/he did it and heal it? Thank you for your love and assistance. With gratitude, Aphrodite Tsalgatidou, Athens, Greece

Dear Jonah, Please help me understand what it means to be proactive. How does one be "in" the 3rd Dimension but not "of" it? In other words, how does one feel the full import of the growing despair, hopelessness and anger of those in the Gulf whose lives and livelihoods are being systematically shattered by this intentional Hemorrhaging of the Earth's blood, and find constructive focus for action? The new age solution is to find some global Internet "pray the universe into collective healing" effort. But you said yourself that healing is not a group sport. Enlightenment comes one soul at a time, and requires unique responses to mass illusions. But what does one do, aside from giving up one's job to go to the gulf and scoop scum out of the ocean with one's own hands, or push for some global boycotting of BP products, or just stand on a rooftop and scream foul play? The agony is knowing "what" to do. How to be positively engaged knowing what we know, without being overwhelmed by feelings or numbed in trying to rid oneself of them. Michael Bohoskey, Durango, Colorado

Dear Jonah... in the July Q&A you mentioned that the mind seeks to enlarge upon a trauma to justify the pain of abuse. Why do we do this? How do we do this? How can we tell if we have enlarged the trauma of any abuse we've experienced? Your support is most precious! Anna Frances, Littleton, Colorado

Good day Jonah... what happens to our beloved pets when they leave their physical bodies? Where do they go and what happens to their souls? Thank you. Anna Frances, Littleton, Colorado

Jonah, It seems the more your message is heard the more ones try to repackage the information you give and pretend it is their own. How does one stay in Integrity while sharing your teachings?...Joseph Armeanio, Divide, Colorado

Dear Jonah

1. What is the difference between the Americans and the Greeks if there is one? In other words if both peoples have placed their power outside of themselves then what exactly symbolizes that external power for each people?
2. If both peoples gave up their power, did the Americans influence the Greeks down that road or did the Greeks influence the Americans? Thank you, Corr Savopoulos, Boulder, Colorado.

Dear Jonah,

Is the low rumbling and booming we have been hearing related to the release of methane gasses in the global sea floor and land masses?

Is this creating a global warming positive feedback loop, further accelerating the process?

By California, is the sea floor preparing to release rather suddenly and in a very noticeable way? It feels like a release of stagnation, as well as a huge relief to the sea creatures, - and that the ocean is preparing now for a sudden expansion.

There really isn't anything in the news about this phenomenon. Are scientists choosing to ignore it or is our perception of what is occurring inaccurate?
Thank you so much!!...Jackie Lloyd, Ramona, California

Dear Jonah, You asked me what anti-matter was. This came to me today. Anti-matter is like the dark side of the moon. It is like the Unconscious mind is to the conscious mind. It is like the 95% of the Universe that we don't see from the 3rd dimension in relation to the 5% of matter we do detect. Perhaps anti-matter acts similarly to the so called archetypes of the unconscious, providing the symbolic, universal principles that enrich reality as we know it. Anti in the English language usually denotes opposition, but this is a misnomer. The opposition is implied by our mere ignorance of what energy is and how it works. Am I on track here? Thank you for your confidence in my ability to understand. Michael Bohoskey, Durango, Colorado

Dear Jonah, thank you very much for all your help and mostly for filling up our souls with so much hope.

My question is: how can one avoid being emotionally dependent from its partner (mate)? Means, our mood changing according to his/her actions...instantly
Is it fear of rejection? Is it pure selfishness? Georgia Tseverenidi, Greece

"Dear Jonah, would you please explain to me what anger means? What does it mean on a feeling level not to be angry anymore? When angry people take their anger out on me, how would I feel and respond had I healed my anger?" Thank you! Cornelius Savopoulos, Boulder, Colorado

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

Hossca and Rebecca Harrison

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