

Important notice

Our office phone 719-687-7676 is not working due to a computer glitch. The phone company and we are working to restore this phone number. Until this occurs, you can reach us at 719-687-5959. Since our main office phone number is connected to our internet service, our internet is on and off. The latest promise from the phone company, the repair will be complete this week.

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March 1, 2011

Newsletter

News to Watch

THE SUEZ CANAL, A TOOL FOR WAR.

MIDDLE EAST FREEDOMS, AN ILLUSION.

HOW CHINA IS PLAYING A ROLE IN THE MIDDLE EAST CONFLICT.

THE US SUPREME COURT RULED THAT A FEDERAL LAW BARS LAWSUITS
AGAINST DRUG MAKERS OVER SERIOUS SIDE EFFECTS FROM CHILDHOOD
VACCINES.

DOCTORS WILL REFUSE TREATMENT FOR UNVACCINATED CHILDREN.

BIRTHING SEASON FOR DOLPHINS TURNS TO DEATH IN THE TOXIC GULF OF
MEXICO.

The Next American Intensive

**TRANSFORMING
AMNESIA
OF HOME**

Eliminating Counterfeit Journeys

THE SPRING 2011

Jonah
LIFE INSTITUTE llc

SPRING INTENSIVE

MAY 20, 21, 22, 2011

HIGHLIGHTS TO BE COVERED

- + MANY ON THEIR SPIRITUAL JOURNEY FEEL A DEEP SENSE THEY BELONG SOMEWHERE ELSE, BUT ARE NOT QUITE SURE WHERE THEY BELONG. JONAH WILL DESCRIBE WHY AND TEACH TOOLS TO DISSOLVE THE FOG OF AMNESIA. THESE TOOLS ARE NOT LIMITED TO THE 4TH DIMENSION.**
- + SPIRITUAL PATHWAYS, SPIRITUAL JOURNEYS? IT LOOKS REAL. IT FEELS REAL, BUT UNDER CLOSER EXAMINATION IS IT REAL?**
- + ARE YOU ANGRY, DEPRESSED, AND CONFUSED? IS THIS YOUR PATHWAY OR ARE YOU ON A COUNTERFEIT JOURNEY?**
- + ARE YOU, BECAUSE OF PAIN, INADVERTENTLY MAKING CHOICES KEEPING YOU IN THE WEB OF CONFUSION SENDING YOU ON COUNTERFEIT JOURNEYS?**
- + YOU KNOW WHAT IS COMING, ARE YOU ON A COLLISION COURSE WITH IT?**

✚ JONAH WILL BE COVERING MANY TOPICS AT THIS INTENSIVE NOT LISTED IN THIS BROCHURE.

Announcements

CHECK OUT HOSSCA'S LATEST BLOG

PROMISES ARE CHEAP, HONOR IS PRICELESS

DISCOVERING AN ADVENTURE CALLED LIFE

www.Hosscasblog.com

Jonah's Newest Message

"COURAGE TO BE DIFFERENT"

Life does not just happen. It takes courage. It takes wisdom and love. What can you do to achieve a life without doubts? What can you do to rebuff the energy of ridicule? Are you living your life as an accident, or a very well timed manifestation of your dreams?

To order online go to Front Page or Products Page at
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Jonah Question and Answer
from the Global Plan Intensive

The following questions are some of the questions presented at the last Jonah Intensive, "The Global Plan." There were other wonderful questions, just too many.

On the Founding Fathers question you asked about the language and intent of "all men being created equal"

Could it be that although they (Founding Fathers) were indeed slave owners themselves they had an Inspired Vision of the possibility of this Universal Truth of Equality being created in America and a government establishing laws FOR IT here on Earth?

Indeed, we stated the conflict humans choose to continue to live with. As an example we stated those who are considered the Founding Fathers of your American country, lived in conflict with the wording of your constitution of which they wrote, "All men being created equal." These same men continued to buy and sell slaves after writing these words. Some did state they wanted to end slavery, but only if the white male elite of the time were sufficiently compensated. Not one was willing to step forward and state no one is to own slaves, indeed they continued to buy and sell slaves setting an example money was more important than human individuality and equality. Indeed, is it not of greater importance the action of human versus the written word of human? This indeed was over 200 years ago. It is also important to look at the present. Where is the equality of those who call themselves gay? Indeed, what is the continued current perception of many white males towards the black race, red race, brown race, yellow race, women, and gays? Indeed, what is the current perception of slavery in your world? It has not ended, but has indeed increased. As we stated, action is of much greater importance than the spoken word. What if your founding fathers had taken the action, freed all of their slaves, and refused to buy and sell humans? The example would have caused reverberations throughout your land to truly live the spoken words, "All men being created equal." True leadership is when one lives what they speak, even when it is not convenient. They do not hide behind their written or spoken words...Jonah

In the Intensive "The Origin of Humanity" as I recall you explained that there are seven soul families that seeded earth humans, the three main ones being Orion, Sirius, and Placida's. How does returning home to the 4th dimension relate to returning home to our home planet or place of origin and soul family? Which one do you refer to as completing and somehow are these one and the same? Do those that come from one of the less well represented soul families have any unique challenges in returning home?

It depends on one's arrival to the 3rd dimension. If one came to the 3rd dimension from another star system remaining awake, they would indeed journey back to the star system of which they came. We will be speaking in more detail on this matter in our next Intensive "Transforming Amnesia of Home, Eliminating Counterfeit Journeys"...Jonah

Jonah, you stated earth is not meant for humans and there is no missing link, but I read that human DNA is over 95% similar to DNA of chimpanzees. So would that not imply that humans evolved from chimpanzees? So from that could not one conclude there is a missing link?

Well for goodness sakes, that ye call mice are very similar to human DNA, would ye also imply that humans evolved from mice? It is also to understand, we did not state earth was not meant for humans. Earth is a multi-dimensional planet indeed, it has twelve dimensions. We stated the 3rd dimension of earth is not intended for humans. The 3rd dimension is a dimension for plant, animal, insect, and indeed virus evolution. One could seek to prove humans came from plants, viruses, bacteria, or any number of animals or rodents, but ye will always come up with a missing link. That missing link is a different dimension...Jonah

After working at healing this on a conscious level, how does one release and heal deep religious indoctrinations that are still in the subconscious?

Indeed, the first step is forgiveness, forgiveness of religious indoctrinations and forgiveness of self. Forgiveness is the key to unlocking the subconscious mind. Using the teachings from the, "Belief Worth Dying For" is of great benefit. Use caution, as ones do attempt to teach this who have not mastered healing their core belief. One may choose to use therapy to assist in healing this issue, again if so use a therapist who has mastered this healing. It is also of benefit to fully study the indoctrinations placed upon ye. Study where these teachings came from and why. It is easy to disprove many of the indoctrinations from religion by choosing to deeply study the history of religion. Indeed, healing takes much work, but the question to ask oneself, is living the life you were meant to live worth it?...Jonah

What is buried under the Holy City of Jerusalem?

Well for goodness sakes, ye heard this statement. Indeed, we will be speaking on this subject in our next (CD) message, *Jerusalem*. It is time to bring forth the next level of understanding from the 4th dimension...Jonah

How long did it take for the dinosaurs to die out and what was the earth cleansing mechanism?

Indeed, dinosaurs in your time have been found to have died while still eating and digesting their food. This in part, was caused by gasses being released from the earth. Many also died from viruses released from deep earth and returned to deep earth. It also has to do with electromagnetic shock, which we will be teaching more about in the coming time. Throughout the history of your earth, when a species seeks to invade or disrupt the evolution of other species, the earth creates a deep cleansing to rid the earth of that it perceives as parasites...Jonah

After working at healing this conscious level, how does one release and heal deep wounds from lifetimes of ridicule that are still in the subconscious?

Indeed, use the exercise we taught in our message *Courage to be Different*. Healing the subconscious mind is a matter of choice, free will choice. Listen to our message *Is Freewill Choice Free...*Jonah

Dear Jonah, you say that there are ones who make the choice to be in the third dimension because it is easy to control the mind of others with their fear for survival. Would you please explain this in more detail? How did these souls get locked into this need to control others? Is there hope for their transformation? Are the very wealthy elite some of these souls?

Beloved, it is also to ask the question, why does one choose to live by fear, indeed fear of survival, fear of life, fear of choice? The full answer to your question needs to be in full detail, not just a brief answer in this setting. We will state here to bring a small understanding, some of the elite; some who use this control did not come from the fourth dimensional earth, but rather other planetary systems. It is also to state when one controls another they absorb the life flow energy of the other. Indeed, it is no different from ones who are addicted to alcohol or drugs. Many of these are what ye call corded or emotionally attached to others who are physical or non-physical who feed off their addiction. Control is an addiction...Jonah

Dear Jonah, you said that the different species are dying in the air and water as a direct result of the methane released into the air and water. Are you referring to the mass deaths we have heard of recently, e.g. the birds dying in the mid air in Arkansas? Would this be due to pockets of methane gas in the air? Will this happen to humans, as well? Does this apply to the 200 cows in a field in Wisconsin?

Indeed, we are speaking of the millions of birds, cows, fish, crab, octopuses, (the list goes on) on all continents, not just the few your media has chosen to speak about. Yes, it has to do with methane gas in the air being released from the earth. As we predicted many of your years ago, as the ice sheets continue to melt and the crust of the earth continues to shift this will occur. Yes, it does affect humans, as the gas increases it will more directly affect more complex biological systems...Jonah

Dear Jonah, you asked us to consider why the majority of humans choose to incarnate now, in the conditions that animals would refuse to live in – such as pollution and slavery. Please tell us why. How do we search for answers to such questions? This requires a perspective way beyond that which I currently have the capability.

Indeed, the answer always resides within. What ye state beyond your capability is stating ye are asking the incorrect questions; therefore, ye receive the

incorrect answers. The primary answer to your question has to do with the greatest choice in human history. The greatest choice to be made in human history. Many want to be a part of this choice. That does not mean many want to be a part of the positive choice, many want to be a part of keeping ones from ascending to a higher consciousness. Many who live in a lower consciousness seek to live off the energy of others. If they perceive others are ascending it brings up their fear of survival, their fear of not being able to live off the energy of others. Indeed, all aspects of life have been infiltrated by ones seeking to keep many in their fearful consciousness. Indeed, and even that ye call new age has been used by these claiming to be teachers, healers, and masters whose true desire is to keep ones in pain, ones in fear, teaching they do not need to change or heal. They attempt to teach others someone else will come do it for ye. This is a clear sign who some of these souls are. We will be speaking more upon this in our message "Transforming Amnesia of Home."...Jonah

Dear Jonah, you said that our life is about taking responsibility for our life plan, which is connected to all 12 bodies. What are these 12 bodies, or how can I learn about them?

Indeed, we taught this in that called Intensive of past. If ye missed that message, we do find the Hossca will be writing more about this in the form of healing as he was taught by his Chinese Teacher many of your years ago...Jonah *(Hossca will be writing about the 12 bodies as he was taught in 1984 by his Chinese teacher. Hossca will also be writing about Cords. Hossca coined the phrases cord and corded back in 1983 when he was first taught what a cord is and how to remove them. This will help to clear up much confusion about cords and or cording being passed around by others who have not fully understood the concept. These writings will be posted in the Life Energy Flow Tai Yi School of Healing web site. It will be announced in the Jonah Newsletter when it is posted.)*

Are the elite financially supporting China? What are they demanding from China in return?

Indeed, not just financially, but in preparing China to become the next dominate world power. Many of their peoples are already programmed to accept control and to work for low wages. Your western peoples to a degree have moved beyond this, therefore the elite are shifting the power from the west to the east. An example, look at your Middle East. Many are claiming new governments, new freedoms. We state this is simply an illusion, this will not occur. This is part of the shift towards China and China taking the majority of the oil. Most of your world's countries become loyal to the ones who give them the most monies. Egypt is such an example, in addition to the control of what ye call the Suez Canal, which will allow those countries hostile to Israel and the west to use this water way. Now watch the bidding war between the west and the east over Egypt. We well understand the desire of the human mind to seek world peace. World peace can only come when the individual chooses to become at peace with themselves. When your last leader was elected in the America, how many

claimed he was the savior? Indeed, how many from new age, old age labels claimed he would save the world? Some stated he was selected by the galactic federations, the angels. Indeed an illusion. Indeed a prediction. This current American leader will remove more freedoms than his predecessor ever did. This current American leader will empower the elite to a much greater degree over the foods ye eat, the drugs ye take, indeed even what ye can grow on your land. What your current American leader accused of his predecessor, will now accept and add unto these laws. Is it not to understand, it matters not what political party seeks power? It is the elite and their corporations controlling the level of freedoms in your world. Listen beloved entities, this is your time, your time to make choices for ye, your time to make choices for your healing. Become your own savior, become your own master, become the pillar of light ye truly are...Jonah

How are our minds being influenced in our homes and neighborhoods via the air besides from television? Those of us working with children in the public schools, how can we best assist the children influenced by all the foods, subliminal and medications they are exposed to?

Beloved, a wonderful question. Yes, as we stated in the "Global Plan Intensive" a war for your mind, a war to influence your mind. The chemicals from the air, food, and water are indeed chemicals to control free will choice. How many are indeed, already influenced to disregard this message? How many are already creating their pathway away from their heart? Those working with children, teach them, educate them, and educate the parents about the chemicals in the foods, especially what ye call fast food. Education is the answer to your question. All that come unto ye seeking assistance, give them education, not false hope that something or someone will come and fix it. Indeed, education! We are well aware some will state stay away from you, for some have already made their choice. This does not make one bad or wrong, it is their choice and they will live out their choice. This is not an issue of right or wrong. This is an issue of do ye seek pain or joy? Indeed it is that simple...Jonah

Jonah, I had a couple of questions about the State of the World meditations. What is the significance of the benches either being in wood or stone. What is the significance of the types of animals and the ones that are most predominant? Also, .what is the significance or the symbology of the grass and flowers being on the right or the left, and the pond and the tall flowers being on the right or the left?

Thank you for your assistance, with love, Eliot Lowey, BC Canada

Jonah: In the meditation, what is the significance of the clock-wise direction of silver light around the head? (And, by clock-wise, do you mean from nose, to right ear, to back of head, etc?) Thank you, Sharon Soldi, Ramona, California

Beloveds, indeed the purpose of these meditations is for one to come unto clear choice and self-empowerment. We do not give such the answers ye seek in these

questions. The mind would then change its choices believing one is better than the other is. It is not a matter of right or wrong, good or bad, in the choices made during our guided meditations we offer unto ye. The different choices open up different channels in the subconscious mind, thus allowing the mind to come to a deeper understanding. If ye were to know consciously what choice meant what, ye would allow your choices to interfere with the outcome of the meditation. The meditation would then not allow for the healing of which it was intended. When ye do these meditations, allow your choices to be made on what ye feel at the time of the meditation. That feeling will lead ye to a greater understanding on choices in your life. As to the question on direction, it is nose to right ear...Jonah

Questions for future Newsletters

Dear Jonah, thank you very much for all your help and mostly for filling up our souls with so much hope.

My question is: how can one avoid being emotionally dependent from its partner (mate)? Means, our mood changing according to his/her actions...instantly
Is it fear of rejection? Is it pure selfishness? Georgia Tseverenidi, Greece

"Dear Jonah, would you please explain to me what anger means? What does it mean on a feeling level not to be angry anymore? When angry people take their anger out on me, how would I feel and respond had I healed my anger?" Thank you! Cornelius Savopoulos, Boulder, Colorado

Good day, my beloved teacher,

1. In the intensive, you mentioned those who carry scars from religious indoctrination. If one has worked and healed their religious beliefs, will there still be scars? If so, how does one release the scars or will they remain as reminders to not return to the old patterns?

2. In the coming war you spoke of, I understand it is very important to maintain a realm of consciousness higher than that of the war. For those who are parents or siblings of those who will be drafted into the military and be in harm's way, do you have any recommendations on how not to empower fear and thereby lower our consciousness?

3. As we remember and live that 4th dimensional consciousness here in the 3rd dimension, how will we transition to the 4th dimension? Will not the ultimate test of our animalistic nature of survival be experiencing our own physical death without fear? Will we then incarnate into the 4th?

My deepest love and gratitude to you, Jonah, and to Hossca for keeping your commitment to come back and assist us to go home...Jeannie Smith, Castle Rock, Colorado

Jonah, what if any part of my hypothesis of the fall of humanity is accurate: When humans fell from the fourth dimension, it was as it is now ... a grand awakening, a shift and a thinning of dimensional walls. Because of the dramatic changes, the fear, and the enormous responsibility of making the choice to either ascend or descend into another level of consciousness ... humans looked for something or someone to tell them what to do. They looked for a savior, a messiah to tell them what to do. Predictably, a "light-bearer", Lucifer, obliged them, accepted the power they had relinquished, and promised salvation or survival to those that were obedient. Lucifer led some of humanity into the third dimension, a dimension where ones became trapped in the polarities of obedience and rebellion of external rules ... as opposed to the freedom and integrity of the fourth dimension where ones embrace their own uniqueness and creativity...Jaclyn Miller, Woodland Park, Colorado

Jonah, Many people are being diagnosed with Lupus, an auto-immune disorder. The western medical community states they do not know a cause, but can only identify some triggers that activated Lupus. Is it difficult to find a cause because there are different causes as to why the body would attack itself? Is it individual based on the persons mental and emotional patterns? Will healers, of different modalities, see an increase in people who seek assistance with Lupus symptoms? How can Tai Yi benefit Lupus?

Tami Urbanek, Monument, Colorado

You have advised that on days when there are chemtrails in the skies it would be prudent to stay indoors as much as possible, and to inhale lavender to counteract the effects. But what about the animals we're responsible for who live outdoors? What can we do to assist them with dealing with the toxic effects? Thank you. I deeply appreciate the information you share with us! Diana Lees, Elgin, AZ

Dear Jonah, Is the use of so-called orgonite or "Dan Croft cloudbusters" as beneficial against airborne and electromagnetic toxicity as is claimed? Thank you! Diana Lees, Elgin, AZ

"Where do we go?" is what the autistic Temple Grandin matter of factly asked when her horse died, and again when her beloved professor died. In terms of physics, where do we go? If we are third dimensional, then, even when the physical body is vacated, the

remaining eleven bodies must still remain in a third dimensional frequency web. Do the remaining bodies have mass? Do we end up around galaxies in our universe as dark matter, adding to the gravitational force picked up by our WMAP satellites? Death is not a ticket to the fourth dimension, as you have said, so we must remain somewhere in the third. Perhaps we shift our electromagnetic frequencies, collapsing our wave function into the unseen 95% of our universe. Michael Bohoskey, Durango, Colorado

Jonah, In a recent group, you stated to someone that the oats they were eating were genetically modified. GM oats are not approved for human consumption and "do not exist" according to the FDA and other GM watchdogs. How did these GM oats get into the food system? How many other GM foods are in our food supply that supposedly "do not exist"?

Independent labs exist for testing the presence of GMOs, but they can test only for GMOs known to exist. How can we expose the existence of these unapproved GMOs?
Thanks, Matt Spaeth - Lyons, Colorado

Dear Jonah,
What is the difference between shame and guilt?
Thank you in advance! Anastasia Mitrogogou, Athens, Greece

Dear Jonah,
The number Twelve seems to have much significance in the Universe, with 12 Bodies, 12 Dimensions, 12 Realms in each Dimension, 12 Ancient Mystery Schools, and 12 months in a year. When my wife Patti's mother had a stroke and was learning to speak again, she would say the word "Twelve" to many questions. When she was asked to count she would say Twelve, or when she could not describe something she would just say Twelve. Is there a significance to her saying Twelve? Please describe the significance of the number Twelve and why we see it in so often in the Universe?
Thank you for your love and guidance! With Aloha and Light, Wayne Holum
Kailua Kona, Hawaii

Dear Jonah
What would you recommend for ones that have the Herpes 6 virus that causes Chronic Fatigue Syndrome?
Thank you for your help
Sofia Rossou, Patra, Greece

Dear Jonah,
Physicists think of dimensions in terms of coordinates, up/down, left/right and such, but it occurs to me that this concept may not be appropriate for describing dimensions, even though it seems an obvious choice. You described dimensions as frequency bands, analogous to tuning to a station on a radio. If one were in the 4th or 5th dimension, as you describe, would there not still be a three coordinate reference in that physical reality? Is it not the frequency of the string matrix that changes from one dimension to another, rather than the coordinate variables? And is not this partly the limitation of 4th dimensional mathematics, its attachment to coordinate variables as being dimensions?

Michael Bohoskey, Oro, Arizona

Hello Jonah,

Four days straight and each day worse. The constant all day long barrage of chem trailing is to the point that today the trails fan out to blend into the ones next to them so that the sky is obliterated for as far and wide as the eye can see. To the unsuspecting eye it looks as if the sky is feathered with light cloud cover. Who is orchestrating the spraying and why such massive coverage? Are there some areas targeted more than others? We get hit a lot in the Santa Fe area but the frequency has vastly increased and the coverage more extensive.. Why? Thank you, Sheri Perrin, Santa Fe, New Mexico

"Hello Jonah. I would like some help in understanding the animalistic nature a bit deeper. How is the human instinct of survival different than that of animals? Is survival in humans about the fear of not being loved whereas in animals it is of dying? In increasing suicide rates we see how people actually *resort* to death instead of fearing it. Also on the list of top fears in the U.S., death ranked only 7 whereas public speaking ranked top of the list. Is the fear of public exposure associated with the fear of emotional rejection (humiliation)? Thank you! Cor Savopoulos, Boulder, Colorado

Dear Jonah

1. How do the elite protect their physical health from aerosol spraying?
2. Are commercial airlines also involved in spraying or only the military? Are there controls in the cockpit so that pilots need know what's going on or is it an automatic operation in their ignorance?
3. Where need I search to find details on the above questions?

Thank you! Cornelius Savopoulos, Boulder, Colorado

Jonah - What really happened to the drumfish and blackbirds in Arkansas. The news is trying to say it was overpopulation for the fish and lightening for the birds. I find that hard to believe. Thanks, Janette Dean, Belleview, Washington

Jonah, I would like to ask how homeopathy works and how one can utilize it in their healing process. Homeopaths and patients see the results of it but there is not a full understanding of its inner workings. Which bodies does it affect? Does it assist in removing energy blocks in the meridians and in balancing the energy? Thank you for your loving assistance! Aphrodite Tsalgatidou, Greece

Dear Jonah, How can I understand whether writing about deep inner experiences with wild animals is of benefit to assist others to expand their understanding in life

versus possibly contributing to a threat to the animal's ability to continue their life in the wild if too many people seek them without sensitivity, or commercial interests seek to further exploit them? Is it a matter of intent? Regarding intent, there are instances in the 3rd dimension, for example the teachings of Jeshua, where even with a positive intent there was misuse by others that resulted. For a person in the 3rd dimension seeking to write and share light and truth, if all is done to have a positive intent, is this what is needed regarding responsibility? Is there anything more to understand about wisdom and empowerment regarding this? sincerely and thank you, Tanya Pozzi, Kula, Hawaii

Dear Jonah, You spoke of listening to the Earth in a recent Intensive. If I remember correctly, you said that Earth will send geographically specific information to ones who are tuned in, and that we can know it's Earth's message by a momentary loss of hearing followed by a high pitched sound. I hear high pitched sounds often, and occasionally experience that interruption of hearing. What are the high pitched sounds that come without the interruption of hearing? Are they information? Are they of benefit or are they, as some say, a form of programming or mind control? Thank you for helping me to understand. Diana Lees, Elgin, Arizona

Dear Jonah, I seem to be confused with what I perceive as conflict between the concept that there are no absolutes and the existence of universal laws. Thank you for helping us. I'm proud of myself for having found you! Cor Savopoulos, Boulder, Colorado

Dear Jonah, How can we transmute the radiation of the TSA full body scanning? Can this be done with the transmuting exercise given in Transmuting the 3rd Dimension? Is there another way for those that did not learn this exercise? How weakened does the immune system need to be for this radiation to be harmful and also there is the situation of repeated exposures to this on a trip. The pat downs seem to be intrusive and demeaning in intent. Would you tell us something about when this would be the preferable choice and how to prepare energetically and in consciousness? Thank you, Tanya Pozzi, Kula, Hawaii

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

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