



Discovering An Adventure Called Life



Hossca Harrison

February 28<sup>th</sup> 2009 Issue

# Newsletter

The Next Intensive

Spring Intensive May 15, 16, & 17, 2009

## IN SEARCH OF MYSTICISM

What is the mystical consciousness of the 4<sup>th</sup>  
dimension?

What are the laws that govern movement into the  
4<sup>th</sup> dimension?

Why universal laws will be applied differently.

How mysticism creates abundance.

Learning what works and does not work.

For More Information go to the Intensive page at

[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

## Jonah's Newest Messages

### MONSTERS

This 70 minute message was edited from Jonah's Intensive, "Let the Journey Begin." This is a powerful message about monsters, real or imagined. What monsters might we have hidden in our mind? Jonah goes into the history on how the elite have and still use monsters to create conformity.

### EARTH'S MESSAGE

In this message Jonah speaks as it is. The earth has a message and the message will be delivered. Humans have a choice to listen. What has long been hidden can no longer be hidden. This is a very strong, straight forward message by Jonah. What you have not heard you need to hear. This message involves your life.

To order go to Products page on [www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

## Jonah Question and Answer

**Jonah, I understand that the animals feel what is happening in our world and are probably more prepared for it than we are. However, they do depend on us to assist them, what can we do to assist them as we are going through these changes?**

**We choose to be here on earth at this time and the animals are here with us. Did they choose this to assist us to understand what we have and are creating? And when the shift occurs will some of them stay in the 3rd and some move to the 4th dimension?**

**I have also noticed that more encounters with non-domesticated animals are occurring and feel this will increase, what can we do to assist both the wild animals and humans to be in balance. We are killing wild animals because they get in our way, like the killing of birds to prevent encounters with airplanes, killing the dolphins and whales as we test in the oceans, all for the sake of "safety". Which is not true.**

**We have forgotten compassion and love with the animals. I know this is not new and has gone on for millenniums, what can I do to bring about awareness and change now? What are the alternatives to keep the animals and humans safe? Thank you all for your love and assistance, Karen Cantrell, Denver Colorado**

Beloved, indeed the animal kingdom is more aware of the changes occurring on your earth. Humans for the most part have shut down their inner feelings, their passion. Animals for the most part have not. The animal kingdom is not here with ye, ye are here with the animal kingdom in regard to the third dimension. When one is full of feelings, love, and passion, an animal adapted to humans feels much joy. When ones are depressed, angry, and non passionate, the animal takes on this energy, especially dogs and horses. Humans are out of balance, as a result animals suffer, whales suffer, and dolphins suffer. Indeed, do be aware their cries have not gone unnoticed. The earth is creating changes in the third dimension, many changes humans do not like, but as a whole will choose to adapt unto. The changes are for the whole, not just physical humans but all life, physical and nonphysical. Ye desire to bring about change now. Wonderful indeed! Many want change, but as we have stated before, they want the other to change. Ye work with what ye call pets, how many want their pets to change? As ones change themselves, by allowing deep powerful passion, they are indeed assisting the whole. Before passion can truly be felt, one must learn to have compassion. Listen to our message on [Compassion](#), learn this, be this and indeed ye assist the whole...Jonah

**Jonah, many of us have chosen to change (rebuild) our pattern, moving from tradition and enlightening our lives with choices that are connected with our heart. This emotional passage brought many colors in our lives and happiness. How can we over write difficulties while constructing the new motif so that this journey becomes a playful joy? Thanks, Katerina Xenofontos, United Kingdom**

Beloved, it is not to over write a difficulty, to do so ye keep it in place with something else written on top of it. One can go through the changes, letting go of tradition, enlightening your lives, but to keep this in place one must live it daily. We well understand change can be difficult to preserve in one's life. There is the tendency to want to revert back to the old. Beliefs can hide in one's mind for many years before it fully comes to the surface. Throughout that time it can and often does create much damage in one's life. Painful relationships, pain in the body attracting diseases, are all products of beliefs opposing one's heart knowing. It is a process of releasing a belief which is not in balance with the heart. Indeed, it is coming into one's knowingness verses one's belief system. We will be speaking more on this called [A Belief Worth Dying For?](#) in the country ye call Greece, in a short time frame...Jonah

**Jonah I would like to submit the following questions from the Let the Journey Begin Intensive. Jeannie Smith, Castle Rock, Colorado**

**What is the difference or relationship between our core belief and our monsters?**

Indeed, they can be one and the same, but not all are the same. A monster can also be an image in the mind, conscious or subconscious. A monster can be attached to a knowing as well. If one has incurred abuse as a child, the abuse is not a belief system it is a knowing, they were indeed abused. But the monster can still be there. One can also use the same teachings for removing a belief as removing a monster...Jonah

**After we have completed the meditations 1 through 5 along with their associated questions, and we do the meditations for a second time, will the map of the mind be the same? Will there be more monsters?**

If the meditation is done correctly the map remains the same, the monsters may seem more real in terms of understanding them, but it is not an issue of more monsters...Jonah

**You recommended we come to know all of the compartments of the conscious mind to assist us in being more aware when something challenging occurs which level of strength we need in order to respond. To do this, do you recommend we do all 5 meditations for each room we identified in our map?**

For some this may assist on a deeper level. Not all need to do this...Jonah

**Jonah, you said now is the time for us to create abundance...and not just physical abundance but mental, emotional and spiritual abundance as well. I'm unfamiliar with that. Is mental and emotional abundance what we will experience when we have healed our core belief and our monsters, meaning an abundance of positive, loving thoughts and feelings? Is spiritual abundance a conscious connection to the God essence within us and living the expression of that? What will that be like?  
With much gratitude and love, Jeannie Smith, Castle Rock, Colorado**

Abundance, for goodness sakes. Abundance is a natural state; the unnatural state is when one allows their lives to be controlled through beliefs and monsters. Each deserves by the power of self abundance through their natural state of being, but many deny abundance. Abundance is much more than loving thoughts and feelings. It is a way of living, a way of making choices. Most choices are made through painful beliefs and monsters; thereby their creation is full of painful beliefs and monsters. There are laws of the universe, when these laws are broken pain is the result. Gravity is a law of the universe applied to earth. Break this law and pain is a result. The same applies to all laws seen and

unseen. Just as in your world ye can travel from country to country and experience different laws in different countries. As ye, meaning your earth, solar system, and galaxy travel through the Universe, ye come under different laws of the Universe. In our message [In Search of Mysticism](#), we will speak about the laws of mysticism, how different laws will come into reality. Why does energy flow easily for one but not another? What is the mystical consciousness of the 4<sup>th</sup> dimension? What are the laws that govern movement into the 4<sup>th</sup> dimension? All of this has to do with ye coming to understand the mind, what is in the mind and how does the mind work. A clear mind produces much abundance on all levels of life...Jonah

**Jonah, I have encountered some that are working on the core belief plan that you gave in the [A Belief Worth Dying For?](#) Intensive. Some seem to be using conditioning in working with their core belief instead of discipline. What is the difference between the two, and which should be utilized to create the greatest movement? Joseph Armeanio, Divide, Colorado**

Beloved, conditioning conditions one to their reality. Discipline can be used to change one's reality. Conditioning one's mind makes the issue seem less real, but the issue remains in the mind causing pain. Discipline can be used to remove pain from the body, mind, and spirit. Just conditioning one's self is to believe they need to accept the pain. Indeed it is to work with the cause not the effect. The simplistic answer is this; One does not fully heal until the belief worth dying for is transformed...Jonah

## Questions for future Newsletters

**Jonah, I have noticed quite frequently that there are many twins, triplets and other multiple births happening in the last 12 months. This seems to be happening far more often that I recall in the past. Are multiple births a blessing? What is happening in the universe that there are so many multiple births? What is the effect of this situation? Dore E. Frances, Bend, Oregon**

## Questions

**Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers**

are a great teaching tool for many. Send your questions to;  
[Hossca@aol.com](mailto:Hossca@aol.com)

Autumn 2009  
Intensive Date

The Jonah Intensive

Denver, Colorado

Title yet to be announced.

Autumn Intensive September 25, 26, & 27, 2009

With Love and Light

Hossca and Rebecca

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