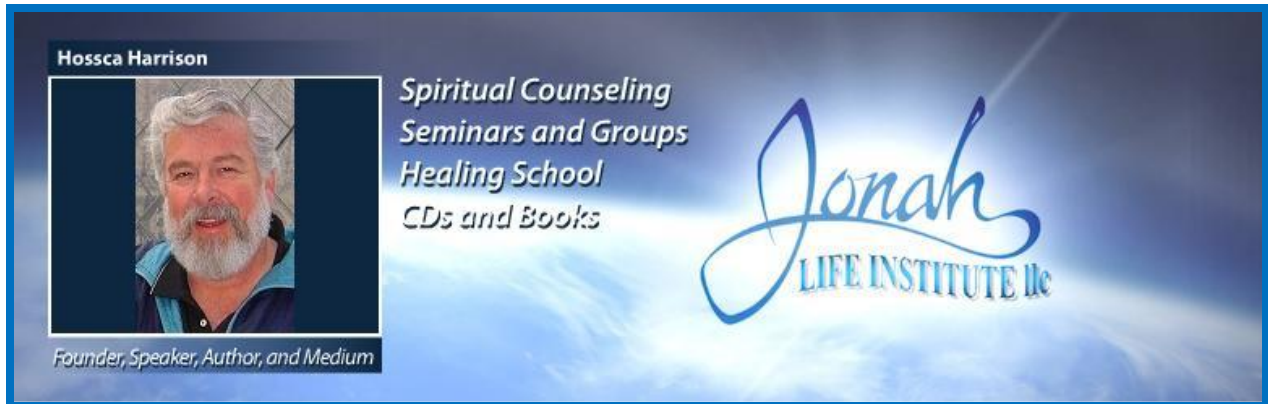


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February 1, 2011

Newsletter

Chinese Proverb

The person who says it cannot be done should not interrupt the person doing it.

News to Watch

“News to Watch” is a new added section to the free Jonah Life Institute Newsletter.

- **European law to ban hundreds of herbal medicines in England and elsewhere in the EU**
- **Thousands of dead octopuses washed up on a beach in northern Portugal, in what is being called an environmental disaster by Portugal.**
- **In the United States alone at least 34,520 birds were reported dead in 124 separate instances of mass deaths. It is now being reported mass bird deaths are occurring on average every three days.**
- **More than 40,000 Velvet swimming crabs have washed up dead on England’s beaches.**

The Next American Intensive

Life does not just happen. It requires courage.

LAST DAY FOR DISCOUNT PRICE, NEXT TUESDAY

JANUARY 25

The **Global Plan** And **Power of Free Will Choice**

Jonah will give tools to create [YOUR PLAN](#), versus others creating your plan for you. Life does not just happen. It requires courage.

Plan by governments and corporations to make laws [DEMONIZING TRUTH](#).

Jonah's prediction from the 1980's on the [GREAT DRAGON \(China\)](#) is being fulfilled, what this means for you.

How to use [FREE WILL CHOICE](#) with DISCRETION.

Jonah will address [NEW TECHNOLOGY](#) now being used for mind control, hidden from the populace.

This includes [CORDING ON CHILDREN](#) from global corporations.

What [PERSONALITY TYPES](#) are most influenced by this technology?

The [CHEMICAL CHANGES](#) in ChemTrails, how to [SHIELD](#) yourself physically, mentally, and emotionally.

And More...

<http://www.jonahlifeinstitute.com/jonah-intensive.html>

Denver, Colorado

February 4, 5, & 6, 2011

The Next European Intensive

A special thank you to Ioanna Golfinopoulou for making this Intensive possible.

Journey Home Through Sanctuary

Jonah will teach the Journey Home can have many detours. Jonah will describe the personality makeup that takes one on many detours. Jonah will assist ones in understanding why they make the choices they make and how to avoid walking through the fields of emotional and mental pain.

THE WARNING ZONE

Jonah will also be teaching what signs to look for if you are preparing to make a choice of great pain. What are the warning signs for creating ill health, a future accident, a choice to be in the wrong place at the wrong time?

SANCTUARY

Jonah will teach how to create and use Sanctuary as a tool for your journey home.

For information and registration, call Ioanna Golfinopoulou at

210-6778216

This Intensive will be held at the Margi Hotel on

March 19 and 20, 2011

For the English speaking Greeks, if you would like the English brochure for this Greek Intensive please e-mail Hossca@aol.com and request Greek Intensive Brochure. The brochure will be sent in PDF format.

Announcements

HOSSCA'S BLOG

DISCOVERING AN ADVENTURE CALLED LIFE

The "Seeds of Greed" is now posted on Hossca's blog.

www.Hosscasblog.com

Jonah's Newest Message

"COURAGE TO BE DIFFERENT"

Life does not just happen. It takes courage. It takes wisdom and love. What can you do to achieve a life without doubts? What can you do to rebuff the energy of

ridicule? Are you living your life as an accident, or a very well timed manifestation of your dreams?

To order online go to Front Page or Products Page at
www.Jonahlifeinstitute.com

Jonah Question and Answer

Jonah, It seems the more your message is heard the more ones try to repackage the information you give and pretend it is their own. How does one stay in Integrity while sharing your teachings?...Joseph Armeanio, Divide, Colorado

Well, for goodness sakes. A common energy in your world. Many seek creativity, few choose to manifest it in their life. This has to do with much lacking of self-esteem. This is not simply about our messages, but indeed many who give forth-original messages will find many seeking to copy it, pretending it is their own. They believe this will increase their self-esteem, when it causes deeper levels of depression. One innately knows it is not positive to copy another, therefore there can be no positive outcome. Now, that is for ones who simply seek to copy and pretend it comes from them. Those who seek to share the knowledge with others using integrity, will also share with others where the information came from. It is also of import to understand, when one uses integrity they carry energy of passion when sharing the information. When one shares the information without integrity, they lack that passion. When the passion is lacking the information is lacking, meaning the correct information is no longer correct, which pollutes the message.

Indeed, our message is to be shared with others using integrity and passion in the sharing. Some fear sharing the message. They fear being ridiculed. Ridicule is a primary energy used to keep consciousness from expanding...Jonah

Dear Jonah,

Is the low rumbling and booming we have been hearing related to the release of methane gasses in the global sea floor and land masses?

Is this creating a global warming positive feedback loop, further accelerating the process?

By California, is the sea floor preparing to release rather suddenly and in a very noticeable way? It feels like a release of stagnation, as well as a huge relief to the sea creatures, - and that the ocean is preparing now for a sudden expansion.

There really isn't anything in the news about this phenomenon. Are scientists

choosing to ignore it or is our perception of what is occurring inaccurate?
Thank you so much!!...Jackie Lloyd, Ramona, California

Beloved, when one fully understands the evolutionary cycle of the third dimension, they come to understand why these changes need to occur. Is this a cause of global warming, indeed! There are many factors involved, mankind is only one. We have predicted in the past ice sheets would melt, thus allowing methane gasses to be released. We also predicted those in the air and water (birds and fish) would begin dying. This is now occurring. It is now considered old news, all new events are not being reported. We will speak more on this at the Intensive "The Global Plan." These are indicators of unfolding events to occur. The earth shall clean house, as ye would call it. Allow yourself to paint this picture. Ye live in a beautiful home and ye have relatives or friends come for an extended visit, leaving your home in shambles filled with filth and human waste. A question to you, what would ye do?...Jonah

Dear Jonah, You asked me what anti-matter was. This came to me today. Anti-matter is like the dark side of the moon. It is like the Unconscious mind is to the conscious mind. It is like the 95% of the Universe that we don't see from the 3rd dimension in relation to the 5% of matter we do detect. Perhaps anti-matter acts similarly to the so called archetypes of the unconscious, providing the symbolic, universal principles that enrich reality as we know it. Anti in the English language usually denotes opposition, but this is a misnomer. The opposition is implied by our mere ignorance of what energy is and how it works. Am I on track here? Thank you for your confidence in my ability to understand. Michael Bohoskey, Durango, Colorado

Wonderful indeed, this is correct. Ye are beginning to understand more of the essence of the universe...Jonah

Questions for future Newsletters

Dear Jonah, thank you very much for all your help and mostly for filling up our souls with so much hope.

My question is: how can one avoid being emotionally dependent from its partner (mate)? Means, our mood changing according to his/her actions...instantly
Is it fear of rejection? Is it pure selfishness? Georgia Tseverenidi, Greece

"Dear Jonah, would you please explain to me what anger means? What does it mean on a feeling level not to be angry anymore? When angry people take their anger out on me, how would I feel and respond had I healed my anger?" Thank you! Cornelius Savopoulos, Boulder, Colorado

Good day, my beloved teacher,

1. In the intensive, you mentioned those who carry scars from religious indoctrination. If one has worked and healed their religious beliefs, will there still be scars? If so, how does one release the scars or will they remain as reminders to not return to the old patterns?

2. In the coming war you spoke of, I understand it is very important to maintain a realm of consciousness higher than that of the war. For those who are parents or siblings of those who will be drafted into the military and be in harm's way, do you have any recommendations on how not to empower fear and thereby lower our consciousness?

3. As we remember and live that 4th dimensional consciousness here in the 3rd dimension, how will we transition to the 4th dimension? Will not the ultimate test of our animalistic nature of survival be experiencing our own physical death without fear? Will we then incarnate into the 4th?

My deepest love and gratitude to you, Jonah, and to Hossca for keeping your commitment to come back and assist us to go home...Jeannie Smith, Castle Rock, Colorado

Jonah, what if any part of my hypothesis of the fall of humanity is accurate: When humans fell from the fourth dimension, it was as it is now ... a grand awakening, a shift and a thinning of dimensional walls. Because of the dramatic changes, the fear, and the enormous responsibility of making the choice to either ascend or descend into another level of consciousness ... humans looked for something or someone to tell them what to do. They looked for a savior, a messiah to tell them what to do. Predictably, a "light-bearer", Lucifer, obliged them, accepted the power they had relinquished, and promised salvation or survival to those that were obedient. Lucifer led some of humanity into the third dimension, a dimension where ones became trapped in the polarities of obedience and rebellion of external rules ... as opposed to the freedom and integrity of the fourth dimension where ones embrace their own uniqueness and creativity...Jaclyn Miller, Woodland Park, Colorado

Jonah, Many people are being diagnosed with Lupus, an auto-immune disorder. The western medical community states they do not know a cause, but can only identify some triggers that activated Lupus. Is it difficult to find a cause because there are different causes as to why the body would attack itself? Is it individual based on the persons mental and emotional patterns? Will healers, of different modalities, see an increase in people who seek assistance with Lupus symptoms? How can Tai Yi benefit

Lupus?

Tami Urbanek, Monument, Colorado

You have advised that on days when there are chemtrails in the skies it would be prudent to stay indoors as much as possible, and to inhale lavender to counteract the effects. But what about the animals we're responsible for who live outdoors? What can we do to assist them with dealing with the toxic effects? Thank you. I deeply appreciate the information you share with us! Diana Lees, Elgin, AZ

Dear Jonah, Is the use of so-called orgonite or "Dan Croft cloudbusters" as beneficial against airborne and electromagnetic toxicity as is claimed? Thank you! Diana Lees, Elgin, AZ

"Where do we go?" is what the autistic Temple Grandin matter of factly asked when her horse died, and again when her beloved professor died. In terms of physics, where do we go? If we are third dimensional, then, even when the physical body is vacated, the remaining eleven bodies must still remain in a third dimensional frequency web. Do the remaining bodies have mass? Do we end up around galaxies in our universe as dark matter, adding to the gravitational force picked up by our WMAP satellites? Death is not a ticket to the fourth dimension, as you have said, so we must remain somewhere in the third. Perhaps we shift our electromagnetic frequencies, collapsing our wave function into the unseen 95% of our universe. Michael Bohoskey, Durango, Colorado

Jonah, In a recent group, you stated to someone that the oats they were eating were genetically modified. GM oats are not approved for human consumption and "do not exist" according to the FDA and other GM watchdogs. How did these GM oats get into the food system? How many other GM foods are in our food supply that supposedly "do not exist"?

Independent labs exist for testing the presence of GMOs, but they can test only for GMOs known to exist. How can we expose the existence of these unapproved GMOs? Thanks, Matt Spaeth - Lyons, Colorado

Dear Jonah,

What is the difference between shame and guilt?

Thank you in advance! Anastasia Mitrogou, Athens, Greece

Dear Jonah,

The number Twelve seems to have much significance in the Universe, with 12 Bodies, 12 Dimensions, 12 Realms in each Dimension, 12 Ancient Mystery Schools, and 12 months in a year. When my wife Patti's mother had a stroke and was learning to speak again, she would say the word "Twelve" to many questions. When she was asked to count she would say Twelve, or when she could not describe something she would just say Twelve. Is there a significance to her saying Twelve? Please describe the significance of the number Twelve and why we see it in so often in the Universe?

Thank you for your love and guidance! With Aloha and Light, Wayne Holum
Kailua Kona, Hawaii

Dear Jonah

What would you recommend for ones that have the Herpes 6 virus that causes Chronic Fatigue Syndrome?

Thank you for your help

Sofia Rossou, Patra, Greece

Dear Jonah,

Physicists think of dimensions in terms of coordinates, up/down, left/right and such, but it occurs to me that this concept may not be appropriate for describing dimensions, even though it seems an obvious choice. You described dimensions as frequency bands, analogous to tuning to a station on a radio. If one were in the 4th or 5th dimension, as you describe, would there not still be a three coordinate reference in that physical reality? Is it not the frequency of the string matrix that changes from one dimension to another, rather than the coordinate variables? And is not this partly the limitation of 4th dimensional mathematics, its attachment to coordinate variables as being dimensions?

Michael Bohoskey, Oro, Arizona

Hello Jonah,

Four days straight and each day worse. The constant all day long barrage of chem trailing is to the point that today the trails fan out to blend into the ones next to them so that the sky is obliterated for as far and wide as the eye can see. To the unsuspecting eye it looks as if the sky is feathered with light cloud cover. Who is orchestrating the spraying and why such massive coverage? Are there some areas targeted more than others? We get hit a lot in the Santa Fe area but the frequency has vastly increased and the coverage more extensive.. Why? Thank you, Sheri Perrin, Santa Fe, New Mexico

Dear Jonah. How can I educate others by respecting their whatever obstacles to coming out of their closet, their belief systems and their unwillingness to hear about you, Spirit Guides or Free Will Choice without hiding my spirituality at the same time? Is self-confidence the key here and believing on a deep level what I am teaching? When I attempt to create change am I underestimating the term diplomacy? Thank you!
Cornelius Savopoulos, Boulder, Colorado

Dear Jonah

1. How do the elite protect their physical health from aerosol spraying?
2. Are commercial airlines also involved in spraying or only the military? Are there controls in the cockpit so that pilots need know what's going on or is it an automatic operation in their ignorance?
3. Where need I search to find details on the above questions?

Thank you! Cornelius Savopoulos, Boulder, Colorado

Jonah - What really happened to the drumfish and blackbirds in Arkansas. The news is trying to say it was overpopulation for the fish and lightning for the birds. I find that hard to believe. Thanks, Janette Dean, Bellevue, Washington

Jonah, I would like to ask how homeopathy works and how one can utilize it in their healing process. Homeopaths and patients see the results of it but there is not a full understanding of its inner workings. Which bodies does it affect? Does it assist in removing energy blocks in the meridians and in balancing the energy? Thank you for your loving assistance! Aphrodite Tsalgatidou, Greece

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

Hossca and Rebecca Harrison

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