



January 15, 2010

Newsletter

The next intensive

THE SIXTH SECRET

Jonah will describe how attempts are being made to program adults and children through subliminal technology.

Those with children, grand children, or work with children, are ye prepared to do what it takes to assist them in protecting their mind?

Understanding the Secret Global War
Reclaiming the Power of your Sixth Sense

A Major Global Subliminal Campaign started in the autumn of 2009 will substantially increase in the United States, Canada, Europe, and Australia during the winter of 2010.

Jonah will give 6 steps to refine your sixth sense to SEE, FEEL, and RESIST this global subliminal influence.

Has fear increased?

Has confusion increased?

Has your immune system been compromised?

Has your mind wanted you to give up on your healing, your path and just be normal?

*What traditions have failed to accomplish,
the Secret War will attempt to finish...Jonah*

February 5, 6, & 7, 2010
Denver, Colorado, USA

To register for this Intensive go to www.Jonahlifeinstitute.com or send check or money order for discounted price of \$340.00 by January 26, 2010 to the address at the end of this newsletter.

Jonah's Newest Message

LET THE JOURNEY BEGIN...THE MOVIE

GREEK TRANSLATION ON DVD

Translated by

Ioanna Golfinopoulou, Martha Golfinopoulou, and Sofia Giannatou

We have just completed our new **Greek Translation** DVD **Let The Journey Begin**. This DVD has beautiful graphic designs with music. It includes portions of Jonah's message from the winter 2009 Intensive. Jonah teaches how to create a quality life in the journey ahead and what to watch for. **This DVD also has extra features including Tai Yi, Tide of Change (Greek Version), and Universal Education Foundation (In Greek).** Learn what every Tai Yi practitioner and every Tai Yi client should know, prior to having a Tai Yi exercise. This DVD can be played on your DVD player and/or computer.

This Greek version DVD may be ordered on Jonahlifeinstitute.com or it may be purchased through Ioanna Golfinou, by calling 210-6778216 at her center in Athens, Greece. [This DVD will also become available in French this Spring. We will keep you posted.](#)

NATURE OF THE BEAST

Jonah's message "**Nature of the Beast**" is a message for deep understanding of the nature of your makeup. Jonah explains why there is no contradiction between evolution and spirituality. Why do humans carry such strong emotions of anger, hatred, desire for war, and the desire to inflict self punishment? Jonah explains the difference between the 3rd and 4th dimension and where humans (the human body) came from. This is a powerful message to understand why you are the way you are with a sense of peace, and why you have the power to change it. Caution, this message may push your beliefs.

To order online go to **Products page at**
www.Jonahlifeinstitute.com

OR

Request the order by check mail order form. E-Mail Hossca@aol.com and put Check Order Form in the subject line. We will send you the CD order form.

A Message from Hossca

Dear Friends, thank you for all of your loving messages of support and holiday greetings you sent our way. It was very touching and much appreciated.

How often are you in a conversation with someone and the subject of healing comes up, for you or someone else? Some have asked the question, is healing really possible or is healing a relapse of pain between mental, emotional, or physical traumas? Why do some heal and others do not? Why can one supposedly do the right thing with no healing results? Those who read my book "**Tide of Change**" may remember my experience with the boy in a Seattle hospital, who was given a short time to live when I was asked to work on him. Within a week he walked out of the hospital healed and years later, remained healed from that difficulty. It brought up questions by the psychologists I was working with. Do some deserve to heal and others do not? Kitesa, the first entity who spoke through me, predicted to a psychologist his mother would die within a year. Did that mean she had no conscious choice to live? The prediction was not based on if changes were not made. The prediction was she would die. After all,

she didn't even know she was ill when Kitesa made this prediction. Was it her fate to physically die, meaning whatever she did would not work, she was going to die? She did die eleven months after the prediction without ever knowing of Kitesa's prediction, at her son's request.

I have spent thousands of hours over the last 27 years seeking and receiving answers from my teacher, I call the Chinese Master.

On one such occasion I arrived at the location he would usually teach me, called the Sacred Cave. I was waiting for him to come up the mountain from the small bamboo hut he lived in next to a small lake. After a short time, I could hear his voice in my mind saying, "Come down the mountain to my home and we shall share."

I had seen his home from a distance but had never been inside. I walked down the mountain a short distance and came up to the entrance to his small hut. It had no doors or glass windows, and sat on the side of a hill a couple feet above the level of the water. The hut had walls on three sides but the side overlooking the lake was open to the elements. Inside he had a thin rice pad matt he slept on and a small table he would eat at. No cooking area just sleeping, eating and looking out over the lake. As I walked in, a young boy about the age of ten entered behind me with a small pot of hot rice. He handed it to my teacher and quickly left. "Do they bring you your meals everyday?" I asked.

"Everyday I eat," he responded. "Come sit down and I shall eat my meal."

He uncovered the rice, reached into the pocket of his light colored robe, and pulled out some bright red and orange powdered herbs. He then sprinkled them on his rice. I started to ask him some questions and he said, "Can you not see I am eating my meal? Can you not have patience until I finish?"

I looked at him and said, "Yes, I can wait."

As I watched, he began eating his rice with his chop sticks, one grain of rice at a time. It must have taken him two hours to finish his small pot of rice.

He knew what I was thinking, "Patience, did you learn?" he asked. "For that is the answer to your question. Let's go for a walk while we talk," he said.

"Why do some heal and some do not?" I asked.

"One must have patience to heal."

"But I know ones who have waited years, expecting to heal," I answered.

"WAIT!" he shouted in his high pitch voice. "Waiting is not patience. Waiting is physical spiritual inactivity. Patience is a state of being," he stated. "One can state I am waiting

to be healed, or one can have the patience to heal. Look at yourself, when you were sitting while I was eating, were you waiting or did you have patience?”

I knew he knew the answer. He never asked me a question he did not already know the answer to. “I was waiting.”

“Now tell me what was occurring in your mind when you were waiting?” he asked.

I thought for a minute and said, “My mind was busy thinking of many different things.”

“Did you become distracted when you were waiting? You heard the sound of the birds, and then you began thinking of birds. You felt the breeze and began thinking about why I don’t have four walls to keep the cool breeze out. When you are thinking while you are waiting, your mind becomes distracted,” he said.

“Now patience, if you had true patience while I was eating, your mind would have been focused on what you wanted to learn and nothing else. No, ones who are impatient do not focus on their healing; they are focusing on who is going to heal them. Know the difference between one waiting to be healed and one who has patience to heal. How many come to you wanting Tai Yi with no patience, waiting to be healed? Look at the woman who came to you last week. Yes, I was watching,” he said. “She accepted very little energy because her mind was too busy. You told her what she needed to work on and what she should do for the rest of the day. Her reply was, ‘I do not have time; I must get back to work.’ She will not heal,” he stated, “she has no patience for healing.” “You Americans, Europeans and Western cultures can have patience to create a disease over many years, but no patience to heal. Pain is a sign you waited to long to begin healing. Pain is a sign you had not patience for your self. Now you have much more to heal.”

He paused for a time, laughed out loud and then said, “Learn patience now. You will need it.”

He laughed again and said, “Just wait until you have Tai Yi students.” He turned and walked away saying, “Go home, I see you next time.”

I shouted to him as he was walking away and said, “But I do not plan on having Tai Yi students.”

He laughed even louder and said again, “Go home”...Hossca, *to be continued*.....

For this article I looked up the word patience in the Wikipedia Encyclopedia. The meaning given for **patience**; “Patience is the state of endurance under difficult circumstances, which can mean persevering in the face of delay or provocation without becoming annoyed or upset; or exhibiting forbearance when under strain, especially when faced with longer-term difficulties. It is also used to refer to the character trait of being steadfast.”

Jonah Question and Answer

Jonah, thank you for "**Nature of the beast**". I'm asking about Matrix Energetics, a healing technique. Is this a 4th Dimensional attempt to access quantum physics for healing? This appears to access the wave function domain where pure potentiality exists, pulling in possible solutions through intent and then allowing for a reconfiguration of the atomic structure of the body. The effects are often dramatic, but perhaps short lived. Is this because there is/are missing elements in this approach? Or because our belief systems do not honor and allow for the results? Michael Bohoskey, Durango, Colorado

Beloved, healing and the art of healing! Well for goodness sakes. That ye call Matrix Energetics does have its purpose, but perhaps not the purpose desired. Yes, it can assist but only for a short time. During that short time one can feel what it feels like to experience healing, although a temporary healing. We would not call this quantum physics for healing. The difficulty with many healing modalities is a lack of direction for the energy. This is why the one ye speak of is short lived. The wave function we speak of is Universal Energy, Life Energy Flow, this energy needs direction and full acceptance for deep permanent healing to occur. Does healing just happen? Does life just happen? Does enlightenment just happen? Indeed, does one create a plan for healing, a plan for life, indeed a plan from the heart? We do find our son, the Hossca will indeed be sharing information from our beloved friend and his teacher of healing, in the coming weeks/ months...Jonah

Dear Jonah,

Thank you so much for your message "**Nature of the Beast**"! When you refer to the elite, you call them "speakers"- who or what exactly are they speakers for, what energy or intelligence is behind all of this nonsense? What exactly are the children being programmed to do when they "walk away from everything they know"? And why? Is this a global phenomenon, mostly in Western society, or targeted solely in the US? How can we best lessen this influence on all of our children? What is the significance of the dates you referred to that are being programmed? And finally, the spiritual amnesia you describe, when one makes a choice against the heart and knowingness, it seems like you are describing a process that brought *all* of us to the third dimension - is it a commonality we all share? Thank you for being here for us during this critical time of change! Jackie Lloyd, Ramona, California

Beloved, we use the English word Speakers in connection with the word Elite. The Elite will gather and program ones to be Speakers for the Elite, although, not

give the appearance of speaking for the Elite. There are Speakers from many different cultures and professions. There are Speakers in religion, political parties, medical, and yes even new age. Some Speakers may or may not be aware they are being used by the Elite. The Speakers will attempt to convince ye to give up your power to something else. In order to do this, they attempt to convince ones the something else is more powerful, wiser. They prey on the weak, the mental, emotional, spiritual, and physically injured, those in much pain. Attempts are being made to program the children, through subliminal technology mostly in western cultures, but will increase in Eastern cultures soon. Those who have influence with others such as employers, small or large, and those seeking to bring awareness through healing centers, those who are light workers and healers will be targeted, indeed, but not limited unto these. This is but a few examples. We will be sharing much depth on this at our American Intensive "[The Sixth Secret](#)". And a similar but different message at our European Intensive in Greece "[Did Ye Miss The Secret.](#)" The greater majorities have indeed developed spiritual amnesia, made choices contrary to the heart, and lowered their consciousness to the third dimension. But not all, some are here to assist in awakening the consciousness to return to their knowingness. Some have forgotten they came here to assist in awakening others, and they themselves fell into the illusion of separation. Listen well to our coming messages, this is your life, this is about your life, and this is about the quality of your life. Your most critical choices are yet to occur, now is the time to build the foundation of wisdom and knowing, now is the time to develop your abilities to keep from falling into the illusion presented by the Elite and their Speakers. This is the time of critical change. For those with children, grand children, or work with children, are ye prepared to do what it takes to assist them in protecting their mind? What traditions have failed to accomplish, the Secret War will attempt to finish...Jonah

Questions for future Newsletters

Jonah a Unified Field Theory is obviously the attempt to mathematically express how the universe works, including quantum mechanics and relativity, micro and macro functioning of energy, all in one beautiful, elegant formula. But as you say, we are attempting to accomplish this from a 3rd dimensional viewpoint/consciousness. And the *strings* of string "theory" are linked to knowingness, a 4th dimensional soul, heartfelt knowingness, which opens the mind to comprehend the patterns we seek. Can it be done? A unified field formula? I had a dream that it was accomplished. But can it be done in mathematical form? Michael Bohoskey Durango, Colorado

Jonah, what's the real story behind the blue spiral in the sky over Norway? Is it linked to the tetrahedron-shaped object over Kremlin? Thanks Matt Spaeth, Lyons, Colorado

Dear Jonah, airplanes spray chemicals in the atmosphere creating clouds which hide the sun. How can we empower ourselves and cleansing of these chemicals? Thanks and Love, Nina Maroullaki, Rhodes, Greece

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

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