



Discovering An Adventure Called Life



Hossca Harrison

January 15<sup>th</sup> 2009 Issue

# Newsletter

The Next Intensive

**Let the Journey Begin...**

What shall be your destination?

**FEBRUARY 6, 7, & 8, 2009  
DENVER COLORADO**

**Jonah will give 5 critical steps as a self test in knowing  
you are fully involved in your chosen destination.  
Jonah will give signs to look for as events unfold.**

***This is your life and this is about the  
quality of your life.***

For more information go to  
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# Jonah's Newest Messages

## EARTH'S MESSAGE

In this message Jonah speaks as it is. The earth has a message and the message will be delivered. Humans have a choice to listen. What has long been hidden can no longer be hidden. This is a very strong, straight forward message by Jonah. What you have not heard you need to hear. This message involves your life.

## KARMA FOR SALE

Available in CD format

Are you battling karma? Have you been working on issues with no end in sight? This message may help bring an understanding to your key in healing. An often overlooked issue in life can be the pivotal point between being healed or just holding onto the desire to heal.

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## Jonah Question and Answer

**Jonah, there is much fear, many homosexuals carry to come out. But what about the real problems, a coming out can cause in their relationships with their parents, with their work environment, etc.? How can a homosexual be fully expressed in societies that have judgment in this matter? Which must be the criterion for coming out? Andreas Kallis, Athens, Greece**

Beloved, ye live in a world of primitive thought guided by primitive spirituality. Just as in the American country, the majority voted to remove the rights of the minority so the minority would follow the rules of the religious majority. To have a full understanding, it is of import to understand the history of condemning the love between males and between females. Many claim their religious beliefs come from the book ye call your Bible. Indeed, the Bible does not condemn homosexuality. Jeshua Joseph bar Joseph never condemned homosexuality. Those who come from love will understand this, those who come from fear will

not. The Bible has been altered and changed many times to suit the political will of the time.

Ye ask the question, "But what about the real problems, a coming out can cause in their relationships with their parents, with their work environment, etc.?" That beloved is not the real problem. The real problem as ye state, is hiding who ye are to yourself. The real problem is denial of self which leads to suppression, compression, and then depression. We are well aware of families who punish and subject their children to mental, emotional, and spiritual torment in the name of religion. A child and or adult will often do the same to themselves to please a family that knows not love. Indeed, there needs to be a support for each who chooses to be themselves. In stating this, we are not stating one needs to make the great announcement they are homosexual. Although, it is not to suppress who ye are to please other's religious beliefs based on false doctrines either. Understand, to come out is to go inward, inward to the heart. Contrary to many false religious doctrines, homosexuals are not made they are born. It is a physical trait just as the color of one's skin. Indeed, the soul does choose this for many different varying reasons. Remember a homosexual has chosen as such for a purpose. Indeed, that purpose can be much more than simply expressing their sexual identify, that purpose can be to create freedom for many. That purpose can be to help heal the wounds of many families. That purpose can be to free a society of primitive thoughts fueled by primitive spirituality. Indeed, it could also be a teaching to ones who have sat in judgment of homosexuality in times past.

Indeed, prepare a support with ones who understand and support ye as a soul. Then create movement. It is to honor one's sexuality. Many who are fearful or shameful of their sexuality will tend to dishonor their own sexuality by having multiple sexual partners with no bonding of the heart. This applies to both homosexuals and heterosexuals. Remember beloved, this is about your life, this is about the quality of your life. Become free from the traditions of fear...Jonah

**Jonah, you have taught us many times that we do not need to heal through pain but sometimes there are very painful lessons that result in a joyful outcome, could these lessons have been learned in a less painful way or do we sometimes require certain painful events to occur in our life for a true learning to take place? Katy Haverstick, Superior, Colorado**

Beloved, pain is not a requirement, joy is not a requirement, choice is a requirement. Even if someone else makes a choice for ye that choice is ultimately your choice coming from a different level of self. This is of import to understand. Ones are presented with choices daily, but many allow a pattern in their mind conscious or subconscious, or emotions, to make those decisions for

them. When an event is going to occur, meaning the event has become part of one's future, they begin receiving minor choices to make decisions on. As the event becomes closer the choices become stronger. If one's mind is preoccupied another level takes over making the decisions on those choices. One can create an event that unfolds in both pain and joy, just as decisions on choices can be a mixture of joy and pain.

One does not need a painful event to occur for learning to take place. But if certain learning is determined to be a requirement from the soul and the consciousness is not focused on that learning, then pain may occur within the learning.

This is also of import to understand. When painful events do occur it is not as if the soul is hardened to the pain, indeed much energy becomes available for healing. Indeed, when pain does occur, joy will be presented in the next level of healing when one allows themselves to be more fully aware when subtle choices are first presented. In our coming message **"Let the Journey Begin"**, we will be teaching a self test for ones to become more involved in the subtle choices being presented before the major choices are required...Jonah

**Jonah, why is it difficult for ones to express their true feelings? I know, sometimes, it has something to do with not wanting to hurt others, so how can one go about expressing this without the hurt? And sometimes it is as simple as expressing an idea or opinion to what one thinks would be for the highest and best good of whatever the topic might be, yet not expressing it because one feels the other has already chosen differently and it if you did speak it they don't listen, even though they have asked for ones' idea or opinion. It is also known that its best not to have an attachment to the outcome, yet this fear of expression seems to be in many and I know a lot of it has to do with being accepted or rejected. Yet the fear is so paralyzing and it makes it difficult for one to move forward. Fear seems to come up in many ways besides this. Do you have some guidance in how to dissolve this energy? Thanks! Barbara Fausett, Price, Utah**

Beloved, part of your answer is in your question. Ye ask why is it difficult for ones to express their true feelings. It is not. The key word here is the word true. When one expresses their true feelings it becomes easy to express. The difficulty with many is they are not aware of their true feelings. They are aware of their hurt feelings, their programmed feelings, and their hide and not be seen feelings, the accepted or rejected feelings, the list can go on and on. For a true expression to occur one needs to look at where did the feeling come from. Is one reacting to a childhood event or events? Does your feeling relate to what it is ye truly want to express? If one does have a true feeling they want to express one must also determine, within their knowingness, will the other person be receptive to listening to your expression. Timing is an intricate part of one

expressing to another. Search for the appropriate time to express. Prepare yourself so ye do not lose yourself in the conversation. Express not out of fear, but rather express this is your feeling, your desire and state why it is your desire. Allow the other to be involved in describing what their desire is. Is this a friend? What is your investment in the outcome? A friend of the heart will never depart, but a friend of the mind will scatter as the wind blows. If the friend departs then ye know it was simply a friend of the mind which is temporary. It is also to ask the other or others what they want out of the outcome. Perhaps they are doing what they are doing because they have a different vision then ye do. If this is so, ask the other to express their vision. Perhaps it is also for the other to seek to understand is their vision based on any fear or fearful program. Listen to our messages **“Learning to Feel”** and **“Truth about Truth”**. Remember where there is willingness for peace there can be peace, where there is willingness for truth there can be truth...Jonah

## Questions for the next

### Jonah Newsletter

**Jonah, Is it possible for a child to heal, on a soul level, if this child is on Prozac and/or ADHD medication? How can this type of child be assisted if they are constantly requesting assistance from the soul yet denying assistance because they fear disobeying their parents or is it because they accept the belief systems of the parents? Sharon Soldi, Ramona, California**

**Jonah, is there a link between the sudden unusual volcanic activity in the Yellowstone region and other volcanic spots in the Western United States, and the earthquakes in Greece and Indonesia? Are we moving toward a significant volcanic event in the U.S.? Jackie Lloyd, Ramona, California**

**Jonah, I see everyday hundreds of immigrants that have come from the war zones in the Middle East to Greece, they are outside my home, and I can't fathom in my mind the lack of humanity. They are stuck here, desperate with nothing. They sleep outside in the grass in the pouring rain, waiting for boats that don't take them on board. This has been like that for**

more than a year.

Why was I to witness this and be aware of it? How am I to put this in use?  
Why has our world spiraled so out of control? What has happened to  
humanity? Sofia Rosu, Greece

## Questions

Thank you for sending in your questions to the Jonah Newsletter. If you  
would like to see your question in future Jonah Newsletters please send  
your question to:

[Hossca@aol.com](mailto:Hossca@aol.com)

## Spring and Autumn 2009 Intensive Dates

The Jonah Intensive  
Spring Intensive May 15, 16, & 17, 2009  
Autumn Intensive September 25, 26, & 27, 2009

With Love and Light

Hossca and Rebecca

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