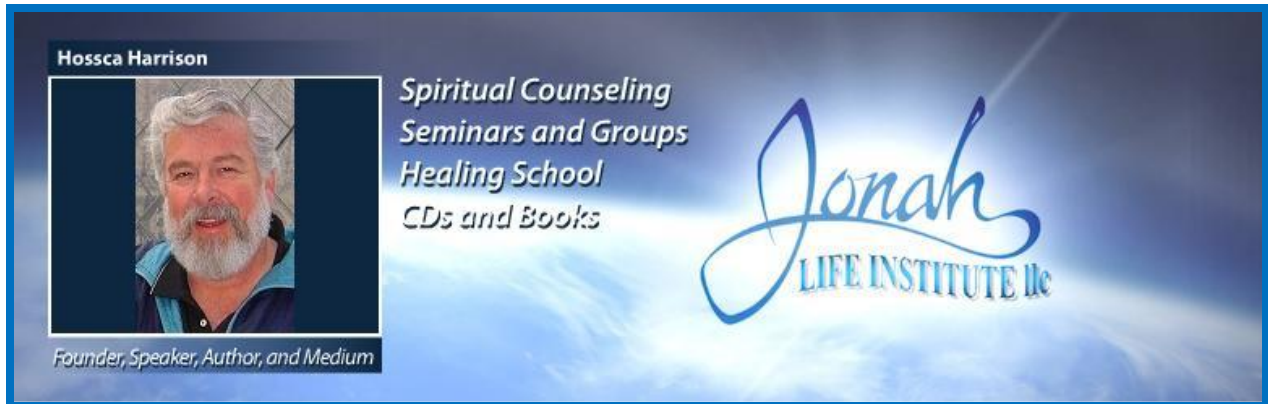


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January 1, 2011

Newsletter

News to Watch

“News to Watch” is a new added section to the free Jonah Life Institute Newsletter.

- Remember Jonah’s prediction on the coming pandemic? Jonah stated it would come in three waves. Is this the second wave? Watch for news out of Britain. Hospitals are filling up with swine flu patients. The highest numbers of fatalities are small children. Some hospitals are announcing black alerts. Interesting where is Fox News or CNN?
- Caution: You may have Orthorexia Nervosa. Some claim it is a disease, a mental disorder. You may have it. Is it a blessing or a curse? Some claim in order to heal this disease you must eat GMO foods. Watch this unfold.
- In Arkansas, United States, on 1-1-11, 3,000 to 5,000 birds fall out of the sky, dead. One hundred miles away on 1-2-11, 100,000 fish die in the Arkansas River. Jonah will be addressing this event and future events of this type.

The Next American Intensive

The

Global Plan

And

Power of Free Will Choice

How to use FREE WILL CHOICE with JUDICIOUSNESS and DISCRETION.

Jonah will address NEW TECHNOLOGY now being used for mind control,
hidden from the populace.

This includes CORDING ON CHILDREN from global corporations.

What PERSONALITY TYPES are most influenced by this technology?

The CHEMICAL CHANGES in ChemTrails, how to SHIELD yourself physically,
mentally, and emotionally.

And More...

www.Jonahlifeinstitute.com

Denver, Colorado

February 4, 5, & 6, 2011

The Next European Intensive

A special thank you to Ioanna Golfinopoulou for making this Intensive possible.

Journey Home

Through

Sanctuary

Jonah will teach the Journey Home can have many detours. Jonah will describe the personality makeup that takes one on many detours. Jonah will assist ones in understanding why they make the choices they make and how to avoid walking through the fields of emotional and mental pain.

THE WARNING ZONE

Jonah will also be teaching what signs to look for if you are preparing to make a choice of great pain. What are the warning signs for creating ill health, a future accident, a choice to be in the wrong place at the wrong time?

SANCTUARY

Jonah will teach how to create and use Sanctuary as a tool for your journey home.

For information and registration, call Ioanna Golfinopoulou at

210-6778216

This Intensive will be held at the Margi Hotel on

March 19 and 20, 2011

For the English speaking Greeks, if you would like the English brochure for this Greek Intensive please e-mail Hossca@aol.com and request Greek Intensive Brochure. The brochure will be sent in PDF format.

Announcements

HOSSCA'S BLOG

DISCOVERING AN ADVENTURE CALLED LIFE

Hossca's blog "The Line of Evil" and "Freedom versus Security" can be viewed on www.HosscaBlog.com. Hossca has just posted a postscript under his last blog "Freedom versus Security." Hossca received a chilling e-mail concerning a letter, written by Hermann Goering shortly after WWII. This letter is included in the postscript under "Freedom Versus Security." Watch for the next blog due the middle of January "Seeds of Greed."

Jonah's Newest Message

"THE GREAT PASSIVENESS"

Jonah speaks about America, Mexico, Canada, and Europe. Why have they adopted passiveness versus active awareness? What is being done behind your back and by whom? When and how will you come face to face with it? Have you allowed someone or something to become the master of your destiny? Jonah speaks about taking action, not just to create change, but also to bring self-awareness. Are you on your journey away from home or towards home?

To order online go to Front Page or Products Page at
www.JonahLifeInstitute.com

Jonah Question and Answer

Dear Jonah... in the July Q&A? You mentioned that the mind seeks to enlarge upon a trauma to justify the pain of abuse. Why do we do this? How do we do this? How can we tell if we have enlarged the trauma of any abuse we've experienced? Your support is most precious! Anna Frances, Littleton, Colorado

Beloved, the mind and indeed the brain both do this. If a child experiences a trauma of abuse, it carries the mental and emotional memories of the abuse. Each time that person either as a child or later as an adult brings up that memory, it is joined by other memories. An example, the child is now an adult, but as a young adult that person may have watched many movies of abuse, or encountered others who experienced abuse. When you bring these other memories into the memories of the original abuse, they blend as a mixed event. Each time a memory is accessed it changes, indeed minor changes, but when a memory is accessed many times, it changes much. Now concerning your question on why the mind seeks to enlarge upon a trauma to justify the pain of

abuse. When an adult or child is injured, the injury needs compassion, understanding, and forgiveness for complete healing to occur. When these energies of compassion, understanding, and or forgiveness do not occur, the mind makes the event larger seeking to attract these energies. Now the following is of import to understand. When a child was abused and through the years this abuse has not been healed, they have not fully experienced compassion, understanding, and forgiveness for complete healing too occur. The mind will set an outline for their life, based on the pain that has increased from increased memories as we spoke earlier, making the trauma more intense and indeed even more vivid. Indeed, the pain of abuse is real and even the expanded belief of the pain is real. Meaning the mind, emotions, and physical body feel the pain and react to the pain. Indeed, a question one needs to ask himself or herself, have ye made a career of your abuse? How much of your life have ye invested in your trauma? Has the trauma become your creator, versus ye being the creator to create healing? To varying extents, all unhealed childhood traumas have increased in the mind and emotions. This is not to lessen the healing that needs to occur, rather it is to empower the healing that needs to occur. If ye seek the assistance of a healer, seek a healer who has healed his or her own childhood traumas. In doing this ye will not compound the trauma, meaning ye will not take on the trauma of the healer and add it as your own trauma. Indeed, seek one who knows Tai Yi, (certified Tai Yi practitioner). Use this to heal the meridians that connect all 12 bodies. This is the most complete and rapid method to heal a childhood trauma. Make certain the practitioner does not carry childhood traumas that can be added to yours. This is your life, let go of the past to embrace a future of joy...Jonah

A list of certified Tai Yi practitioners is available at www.lifeenergyflowtaiyi.com under Students Practitioners.

Good day Jonah... what happens to our beloved pets when they leave their physical bodies? Where do they go and what happens to their souls? Thank you. Anna Frances, Littleton, Colorado

Beloved, that ye call souls we call animal spirits. As we have taught, the third dimension is an evolutionary dimension. Animal spirits, plant spirits are evolving and will eventually move into the fourth dimension. In your perception of time, this may take time to evolve. Meaning many pets that are spiritually bonded with humans or a select human, will often return in another form as a dog or cat, depending on the species they came from and are choosing to use in their evolutionary journey. Even what one may call a pet from a prior life, may have that same pet return many different times. Pets bond with the power of love and indeed, return that love. What ye may call in between bodies, they still experience the ethereal physical plane. Some may even hear their pets in their homes after they have departed their bodies...Jonah

Questions for future Newsletters

Jonah, It seems the more your message is heard the more ones try to repackage the information you give and pretend it is their own. How does one stay in Integrity while sharing your teachings?...Joseph Armeanio, Divide, Colorado

Dear Jonah

1. What is the difference between the Americans and the Greeks if there is one? In other words if both peoples have placed their power outside of themselves then what exactly symbolizes that external power for each people?
2. If both peoples gave up their power, did the Americans influence the Greeks down that road or did the Greeks influence the Americans? Thank you, Corr Savopoulos, Boulder, Colorado.

Dear Jonah,

Is the low rumbling and booming we have been hearing related to the release of methane gasses in the global sea floor and land masses?

Is this creating a global warming positive feedback loop, further accelerating the process?

By California, is the sea floor preparing to release rather suddenly and in a very noticeable way? It feels like a release of stagnation, as well as a huge relief to the sea creatures, - and that the ocean is preparing now for a sudden expansion.

There really isn't anything in the news about this phenomenon. Are scientists choosing to ignore it or is our perception of what is occurring inaccurate?

Thank you so much!!...Jackie Lloyd, Ramona, California

Dear Jonah, You asked me what anti-matter was. This came to me today. Anti-matter is like the dark side of the moon. It is like the Unconscious mind is to the conscious mind. It is like the 95% of the Universe that we don't see from the 3rd dimension in relation to the 5% of matter we do detect. Perhaps anti-matter acts similarly to the so called archetypes of the unconscious, providing the symbolic, universal principles that enrich reality as we know it. Anti in the English language usually denotes opposition, but this is a misnomer. The opposition is implied by our mere ignorance of what energy is and how it works. Am I on track here? Thank you for your confidence in my ability to understand. Michael Bohoskey, Durango, Colorado

Dear Jonah, thank you very much for all your help and mostly for filling up our souls with so much hope.

My question is: how can one avoid being emotionally dependent from its partner (mate)? Means, our mood changing according to his/her actions...instantly
Is it fear of rejection? Is it pure selfishness? Georgia Tsevrenidi, Greece

"Dear Jonah, would you please explain to me what anger means? What does it mean on a feeling level not to be angry anymore? When angry people take their anger out on me, how would I feel and respond had I healed my anger?" Thank you! Cornelius Savopoulos, Boulder, Colorado

Good day, my beloved teacher,

1. In the intensive, you mentioned those who carry scars from religious indoctrination. If one has worked and healed their religious beliefs, will there still be scars? If so, how does one release the scars or will they remain as reminders to not return to the old patterns?

2. In the coming war you spoke of, I understand it is very important to maintain a realm of consciousness higher than that of the war. For those who are parents or siblings of those who will be drafted into the military and be in harm's way, do you have any recommendations on how not to empower fear and thereby lower our consciousness?

3. As we remember and live that 4th dimensional consciousness here in the 3rd dimension, how will we transition to the 4th dimension? Will not the ultimate test of our animalistic nature of survival be experiencing our own physical death without fear? Will we then incarnate into the 4th?

My deepest love and gratitude to you, Jonah, and to Hossca for keeping your commitment to come back and assist us to go home...Jeannie Smith, Castle Rock, Colorado

Jonah, what if any part of my hypothesis of the fall of humanity is accurate: When humans fell from the fourth dimension, it was as it is now ... a grand awakening, a shift and a thinning of dimensional walls. Because of the dramatic changes, the fear, and the enormous responsibility of making the choice to either ascend or descend into another level of consciousness ... humans looked for something or someone to tell them what to do. They looked for a savior, a messiah to tell them what to do. Predictably, a "light-bearer", Lucifer, obliged them, accepted the power they had relinquished, and promised salvation or survival to those that were obedient. Lucifer led some of humanity into the third dimension, a dimension where ones became trapped in the polarities of obedience and rebellion of external rules ... as opposed to the freedom and integrity of the fourth dimension where ones embrace their own uniqueness and creativity...Jaclyn Miller, Woodland Park, Colorado

Jonah, Many people are being diagnosed with Lupus, an auto-immune disorder. The western medical community states they do not know a cause, but can only identify some triggers that activated Lupus. Is it difficult to find a cause because there are different causes as to why the body would attack itself? Is it individual based on the persons mental and emotional patterns? Will healers, of different modalities, see an increase in people who seek assistance with Lupus symptoms? How can Tai Yi benefit Lupus?

Tami Urbanek, Monument, Colorado

You have advised that on days when there are chemtrails in the skies it would be prudent to stay indoors as much as possible, and to inhale lavender to counteract the effects. But what about the animals we're responsible for who live outdoors? What can we do to assist them with dealing with the toxic effects? Thank you. I deeply appreciate the information you share with us! Diana Lees, Elgin, AZ

Dear Jonah, Is the use of so-called orgonite or "Dan Croft cloudbusters" as beneficial against airborne and electromagnetic toxicity as is claimed? Thank you! Diana Lees, Elgin, AZ

"Where do we go?" is what the autistic Temple Grandin matter of factly asked when her horse died, and again when her beloved professor died. In terms of physics, where do we go? If we are third dimensional, then, even when the physical body is vacated, the remaining eleven bodies must still remain in a third dimensional frequency web. Do the remaining bodies have mass? Do we end up around galaxies in our universe as dark matter, adding to the gravitational force picked up by our WMAP satellites? Death is not a ticket to the fourth dimension, as you have said, so we must remain somewhere in the third. Perhaps we shift our electromagnetic frequencies, collapsing our wave function into the unseen 95% of our universe. Michael Bohoskey, Durango, Colorado

Jonah, In a recent group, you stated to someone that the oats they were eating were genetically modified. GM oats are not approved for human consumption and "do not exist" according to the FDA and other GM watchdogs. How did these GM oats get into the food system? How many other GM foods are in our food supply that supposedly "do not exist"?

Independent labs exist for testing the presence of GMOs, but they can test only for GMOs known to exist. How can we expose the existence of these unapproved GMOs? Thanks, Matt Spaeth - Lyons, Colorado

Dear Jonah,

What is the difference between shame and guilt?

Thank you in advance! Anastasia Mitrogogou, Athens, Greece

Dear Jonah,

The number Twelve seems to have much significance in the Universe, with 12 Bodies, 12 Dimensions, 12 Realms in each Dimension, 12 Ancient Mystery Schools, and 12

months in a year. When my wife Patti's mother had a stroke and was learning to speak again, she would say the word "Twelve" to many questions. When she was asked to count she would say Twelve, or when she could not describe something she would just say Twelve. Is there a significance to her saying Twelve? Please describe the significance of the number Twelve and why we see it in so often in the Universe? Thank you for your love and guidance! With Aloha and Light, Wayne Holum
Kailua Kona, Hawaii

Dear Jonah

What would you recommend for ones that have the Herpes 6 virus that causes Chronic Fatigue Syndrome?

Thank you for your help

Sofia Rossou, Patra, Greece

Dear Jonah,

Physicists think of dimensions in terms of coordinates, up/down, left/right and such, but it occurs to me that this concept may not be appropriate for describing dimensions, even though it seems an obvious choice. You described dimensions as frequency bands, analogous to tuning to a station on a radio. If one were in the 4th or 5th dimension, as you describe, would there not still be a three coordinate reference in that physical reality? Is it not the frequency of the string matrix that changes from one dimension to another, rather than the coordinate variables? And is not this partly the limitation of 4th dimensional mathematics, its attachment to coordinate variables as being dimensions?

Michael Bohoskey, Oro, Arizona

Hello Jonah,

Four days straight and each day worse. The constant all day long barrage of chem trailing is to the point that today the trails fan out to blend into the ones next to them so that the sky is obliterated for as far and wide as the eye can see. To the unsuspecting eye it looks as if the sky is feathered with light cloud cover. Who is orchestrating the spraying and why such massive coverage? Are there some areas targeted more than others? We get hit a lot in the Santa Fe area but the frequency has vastly increased and the coverage more extensive.. Why? Thank you, Sheri Perrin, Santa Fe, New Mexico

Dear Jonah. How can I educate others by respecting their whatever obstacles to coming out of their closet, their belief systems and their unwillingness to hear about you, Spirit Guides or Free Will Choice without hiding my spirituality at the same time? Is self-confidence the key here and believing on a deep level what I am teaching? When I attempt to create change am I underestimating the term diplomacy? Thank you!
Cornelius Savopoulos, Boulder, Colorado

Dear Jonah

1. How do the elite protect their physical health from aerosol spraying?

2. Are commercial airlines also involved in spraying or only the military? Are there controls in the cockpit so that pilots need know what's going on or is it an automatic operation in their ignorance?
3. Where need I search to find details on the above questions?

Thank you! Cornelius Savopoulos, Boulder, Colorado

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

Hossca and Rebecca Harrison

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